

Kaunertal

Naturpark & Gletscherregion



Mountains for Everyone

The Nature Park & Glacier Region
Experience Kaunertal – this also applies
to people with limited mobility.

Mit Unterstützung von Bund, Land und Europäischer Union

 Bundesministerium
Land- und Forstwirtschaft,
Klima- und Umweltschutz,
Regionen und Wasserwirtschaft

WIRleben Land
Gemeinsame Agrarpolitik Österreich





Open the
envelope to view
the local map.





In case of an emergency:

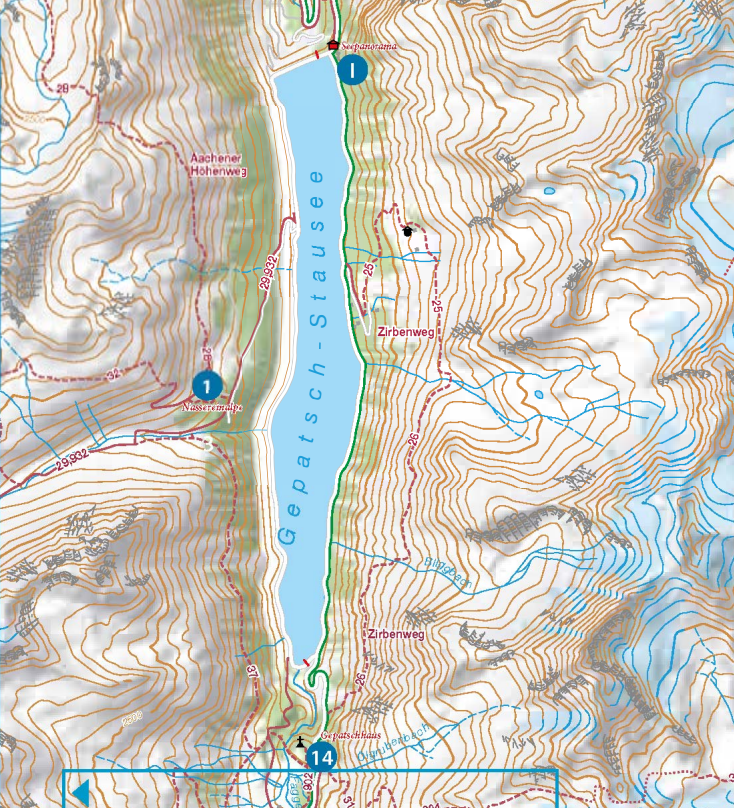
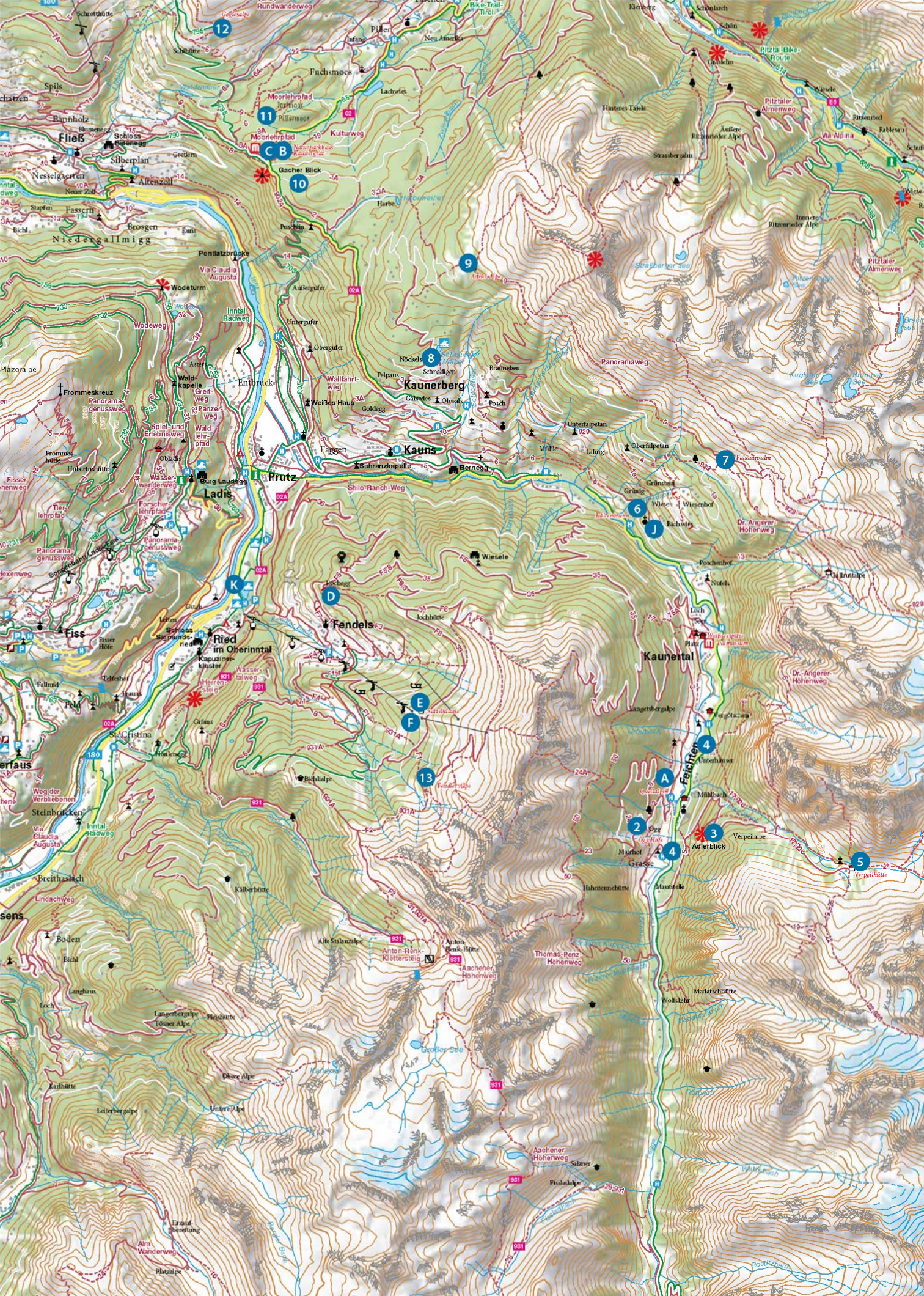
Alpine emergency number: 140
European emergency number: 112



A detailed description of the listed
tours and facilities can be found
in the brochure.



Scan the code to learn
more about our
barrier-free offerings.



Overview map.

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- H Dreiländerblick (Three-Country View) Scenic Platform
- I Lake Panorama
- J Kaltenbrunn Pilgrimage Church
- K Ried Bathing Lake





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© TVB kaunertal | Roman Huber

Editorial

The mountains are for everyone. Few regions deliver on this promise as impressively as the Kaunertal Valley. Whether you have limited mobility due to health reasons, are part of the 70+ generation, or are exploring the mountains with a pram, the Kaunertal offers a warm welcome to all.

What everyone has in common is the desire to experience nature up close — and to move freely, according to their own abilities. In the Kaunertal, this desire becomes reality: The Kaunertal Glacier Panorama Road and the cable cars open up the high-Alpine world up to 3,108 m above sea level. Barrier-free hiking trails and viewpoints, specialized accommodations, and inclusive sports offerings — from Mono-Skiing and Sit-Ski cross-country skiing to tours with Swisstrac, handbikes, off-road handbikes, or mountain wheelchairs — give everyone access to the region's diversity and create the perfect setting for genuine relaxation and personal discovery.

This brochure is designed to serve as both inspiration and a guide for your barrier-free holiday in the Kaunertal. Enjoy discovering everything the valley has to offer!

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TYROL AS IT ONCE WAS

The Kaunertal Valley

In the heart of the Ötztal Alps, the Kaunertal stretches southward from the Inn Valley — a narrow, romantically wild valley shaped by towering peaks, rugged cliffs, and the sparkling Gepatsch Reservoir. This nature park and glacier region captivates with its rich flora and fauna, including Austria's largest ibex colony, and spans all six Alpine altitude zones — from lush green meadows up to glaciers and three-thousand-metre peaks.

The valley is home not only to the main village of Feichten at 1,287 m, but also to the villages of Kauns, Kaunerberg, and Fendels. A paradise for active travelers and nature lovers, the Kaunertal also stands for sustainable tourism, vibrant traditions, and authentic local culture — experienced at festivals, in small museums, and through everyday life in the valley.

Did you know?

The Kaunertal Valley is considered a pioneer in social and ecological sustainability.



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REFRESHING

Summer in the Kaunertal Valley

Cool meadows, ancient peat bogs, and stone pine forests, rugged cliffs, eternal ice, and crystal-clear lakes — the Kaunergrat Nature Park is home to a largely untouched natural and cultural landscape.



© TIB Kaunertal | dfevest.at

Unwind, find peace, recharge — and of course, seek adventure: Summer in the Kaunertal delivers unforgettable moments for every preference. Far from through traffic and crowded hotspots, a landscape full of possibilities unfolds, inviting you to experience nature at its purest. Whether you're strolling, hiking, (hand-)biking, or simply soaking in sweeping mountain views, visitors of all ages and mobility levels can explore the valley with ease and without barriers. From the Sommerberg Fendels at the valley entrance to the Dreiländerblick on the Kaunertal Glacier, numerous facilities and attractions are designed with families in mind, making it effortless to enjoy the refreshing mountain summer in Kaunertal in all its variety.



© TIB Kaunertal | dfevest.at

In the protected areas of the nature park region, nature finds its space — and we find peace, openness, and diversity.

Kaunertal's Blue Giant



© TIB Kaunertal | Dominic Kummer

The Kaunertal Glacier is a paradise for winter sports enthusiasts — and for everyone seeking Alpine beauty away from the crowds.



© TVB Kaunertal | Roman Huber

Over millions of years, ice has shaped the landscape, creating natural wonders that continue to fascinate today. Along the 29 hairpin turns of the Glacier Road — from Feichten up to the edge of the Weißseeferner at 2,750 m — you can experience this power up close. In one of Austria's highest and most snow-secure ski resorts, winter sports enthusiasts glide across slopes of all levels from October to May. Pedestrians can ride the cable car in winter to the Falginjoch (3,113 m) and year-round to the Karlesjoch (3,108 m), enjoying breathtaking views of the largely untouched high-Alpine landscape stretching between Austria and Italy. In winter, a drag lift also leads directly to a toboggan run — a special adventure for all ages.



© TVB Kaunertal | Dominic Kummer

*Did you know?
The Alpine glaciers are not only natural monuments but also precious witnesses to past climate eras.*



INTERVIEW WITH KARL HAFELE

Pioneer with team spirit

He is regarded as a pioneer of inclusive tourism:

Karl “Charly” Hafele transformed his Hotel Weisseespitze in the late 1990s into the Alps’ first “wheelchair-accessible hotel,” playing a key role in shaping the Kaunertal into a leading destination for barrier-free holidays.

Did you know?

As early as the 1980s, the Kaunertal Glacier attracted monoskiers from all over Europe.

Demand for barrier-free accommodation and experiences is on the rise — and it's not limited to wheelchair users. In the Kaunertal, outstanding infrastructure ensures accessibility for people with a wide range of mobility needs.

Karl Hafele, Hotelier & Pioneer

Charly, did you ever imagine back then, when you renovated your hotel, that this step would transform the entire valley?

Not at all. The vision of accessibility began with the first mono-skiers at the Kaunertal Glacier, who felt comfortable in our already very spacious hotel.

Starting from this group — sporty wheelchair users in winter — we soon recognised the potential for guests in wheelchairs, along with their families and friends. With the development of handbikes, summer experiences quickly followed. Here, a market gap presented itself, offering enormous opportunities.

And the region has recognised this too?

Yes, gradually. As we welcomed more and more summer guests, it became clear that: They wanted to be more mobile, more active, and experience as much as possible. The steps and small obstacles that were common in shops and restaurants at the time were first improvised, then systematically removed — learning by doing! The Tourismusverband (Tourism Association) also enthusiastically embraced the idea of barrier-free accessibility. The construction of the Nature Park House provided further impetus. Today, we are rightly considered a model region — with facilities ranging from accessible confessionals to the Kaltenbrunn Pilgrimage Church.



© TVB Kaunertal | Roman Huber

Values such as groundedness, mindfulness, and community have long been a tradition in the Kaunertal — a foundation on which the idea of an inclusive tourism region could be built.

Karl Hafele, Hotelier & Pioneer

Why was the Kaunertal Valley such fertile ground for inclusive tourism?

I think there is simply more understanding and time for each other here. The people of Kaunertal are down-to-earth and helpful, and every public facility is adapted as a matter of course. Why not? After all, anyone can quickly become dependent on barrier-free accessibility, whether due to accident, illness or age.

The Kaunertal Valley has received many awards for its efforts. What do these awards mean to you?

Of course, it's gratifying to receive recognition, and I'm proud that I had the courage to challenge prejudices and set a process in motion. But the awards are above all a thank-you for the outstanding collective effort. They motivate us to keep moving forward, implement new ideas, and continue learning every day.

What are your wishes for the future?

A long-held wish is coming true with the new drag lift at the Kaunertal Glacier. It allows us to offer ski lessons again — for both mono-skiers and traditional skiers — bringing even more life to the winter season. Beyond that, I hope the spirit of inclusivity continues to be embraced here as matter-of-factly as it has been so far. That would make me very happy.



Karl and Karin Hafele.



EDEN Award

European Commission award for sustainable tourism destinations



Tirol Touristica

Tyrolean Tourism Award in the categories "Offer development, marketing and sales," "Infrastructure and buildings" and "Events and major events"



Tourismus für Alle (Tourism for All)

Awards for innovative and regional initiatives for accessible travel – competition winners in Tyrol



World Responsible Tourism Award

Ranked 2nd worldwide in terms of "accessibility"



The best proof that the Kaunertal ranks among Europe's top barrier-free destinations? Many loyal returning guests — and of course our many awards, a testament to our dedication.



MODEL REGION

Facts & Infrastructure Regional excursion destinations & activities

From the Kaunertal Glacier Panorama Road and cable cars to specialized accommodations, leisure, and cultural offerings, the Kaunertal provides excellent — and continuously expanding — infrastructure for guests with physical limitations. Both the “hardware” in the form of wheelchair-accessible buildings, trails, and experiences, and the “software” in the form of services and an inclusive mindset, are implemented here as a model for others. In the Kaunertal, the rule is: if it’s possible, it can be done — and almost nothing is impossible.

*On the following pages you’ll find
tips for carefree holiday planning and a
worry-free time at your destination.*



MAKING STEEP PATHS SEEM FLAT

What does barrier-free mean in the mountains?

In short: people with all kinds of mobility limitations — whether wheelchair users, parents with prams, older guests, or those with temporary restrictions — can actively experience nature and the mountains. And it's not just about physical access; it's about creating experiences that are open and welcoming to everyone.

Accessible offerings differ in various ways. Levels of accessibility — from fully barrier-free (accessible to wheelchair users without assistance) to partially usable, for example only with the help of a companion or specialized equipment.

| OUR MISSION: INCLUSION

Accessibility in the mountains requires carefully planned spatial and technical solutions — and sometimes a bit of courage and innovative spirit.

Wide, well-maintained hiking trails, boardwalks, and ramps provide access to mountain huts, viewpoints, and other facilities, while wheelchair-access devices, cable cars, and shuttles help cover longer distances and more challenging sections. Detailed information on routes, difficulty levels, and assistive equipment ensures confidence in planning. Easy rental options, courses, and trained staff also help make inclusion a natural part of everyday life.

The strong sense of community beneath the majestic Kaunergrat mountains brings together people of all ages and fitness levels. No sideways glances, no impatience — just pure motivation and shared appreciation for a barrier-free space to live, explore, and unwind.



Mobility & technical aids

| PUBLIC TRANSPORT

The local bus runs year-round from the valley entrance through the villages up to the Kaunertal Glacier, featuring one of Austria's highest bus stops. The buses have low-floor entrances, making boarding and disembarking easier for people with mobility limitations. In addition, there are connections to neighbouring regions such as Serfaus-Fiss-Ladis and Landeck.

| CABLE CARS

At the glacier itself, the Karlesjoch and Falginjoch cable cars are fully accessible. Both valley and mountain stations offer level entrances, making excursions and panoramic views of the high-Alpine landscape effortless for all guests. In winter, a drag lift for beginners provides ideal conditions for first-time skiing experiences.

| TECHNICAL AIDS

Those who can no longer walk independently don't have to miss out on active mountain or valley experiences. Specially designed assistive equipment enables wheelchair users and people with mobility limitations to enjoy the outdoors, revisit former hobbies, or discover new passions.

Rental options – see the respective chapters or tour suggestions.



SWISS-TRAC

A powerful, electrically assisted towing device that attaches directly to a wheelchair. It allows users to navigate steep paths and reach high-altitude alpine pastures.



© TYB Kaunerthal | dieWest



HANDBIKE

A hand-crank bicycle, with or without electric assistance — ideal for summer rides on roads.



© TYB Kaunerthal | dieWest



OFF-ROAD HANDBIKE

A compact, four-wheel off-road handbike with a powerful motor, capable of tackling slopes of over 40%.



© Tretzeug GmbH



X8 ELECTRIC MOUNTAIN WHEELCHAIR

A high-performance off-road electric wheelchair with four 700-watt motors and 14-inch low-pressure tires for maximum traction and stability — even on the most challenging terrain.



© TYB Kaunerthal | dieWest



MONOSKI

Also known as a “monoskibob.” The ski, which has a spring-loaded support frame with a bucket seat, is controlled by rotating the upper body and tilting the torso.



© TYB Kaunerthal | Roman Huber



CROSS-COUNTRY SLEDGE

Also known as a Sit-Ski. A seat mounted on two narrow skis, powered entirely by upper-body strength using poles.



© TYB Kaunerthal | dieWest



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HOLIDAYS WITH FRIENDS

Accommodations

In the Kaunertal Nature Park and Glacier Region, you'll experience genuine Tyrolean hospitality — whether in a comfortable four-star hotel, a charming bed-and-breakfast, or a spacious holiday apartment. Hosts take care to ensure you feel at home from the very first moment.

Many properties are fully adapted to the needs of guests with mobility limitations, with accommodations classified as fully barrier-free, wheelchair-friendly, or partially wheelchair-accessible. Detailed information about facilities is available directly from each property.



Click here to view our current barrier-free accommodations.



© TIB Kaunertal | diwest.at

I SHOPS

MiniM

Feichten 136, 6524 Kaunertal,
Tel. +43 50 3219 23359

Opening hours: Mon–Fri 7:30 am–7:00 pm,
Sat 7:30 am–6:00 pm

SPORT PLANKENSTEINER

Feichten 136, 6524 Kaunertal, Tel. +43 5475 423

Opening hours at:
www.sportplankensteiner.com

LARCHER SPORTSWEAR & RENTALS

Feichten 128, 6524 Kaunertal, Tel. +43 5475 50067
Opening hours at: www.larcher-sport.com

SPORT SCHRANZ, GROCERY STORE, KIOSK, AND RENTAL SERVICES

Fendels 73, 6524 Kaunertal, Tel. +43 5472 6305
Opening hours at: www.sportschranz.at

I RESTAURANTS AND CAFÉS

KAUNERGRAT NATURE PARK HOUSE CAFÉ-RESTAURANT GACHENBLICK

Gachenblick 100, 6521 Fließ,
Tel. +43 664 44 08 552, www.gachenblick.at



Barrier-free toilet

TRUYENSTUBE RESTAURANT

Fendels 46, 6528 Fendels, Tel.: +43 5472 6705



Toilet with limited accessibility (only for smaller wheelchairs); wheelchair available on site

SATTELKLAUSE HUT

Fendels, Tel. +43 5472 616023,
www.kaunertaler-gletscher.at



Toilet at the Sattelklause hut not accessible; barrier-free toilet at the valley station of the 4-seater chairlift

KALTENBRUNN INN

at the Kaltenbrunn pilgrimage church,
Tel. +43 5475 433

www.kaltenbrunn.at



Barrier-free toilet

TALGENUSS RESTAURANT (QUELLALPIN)

Feichten 134, Tel. +43 677 6293 0362,
www.quellalpin.at



Barrier-free toilets

THE DORFALM HUT

Eat by Pete

Feichten 112, 6524 Kaunertal,
Tel.: +43 660 130 10 33



Limited barrier-free toilet.

Barrier-free toilets in the area:

Community centre, Quellalpin and Alpin Camping.

ALPIN CAMPING KAUNERTAL

Feichten 112, 6524 Kaunertal,
Tel.: +43 664 531 73 21,
www.alpincamping-kaunertal.tyrol



Barrier-free toilet

CAFÉ-BISTRO SEEPANORAMA

Kaunertaler Gletscherstrasse 249,
Tel. +43 676 466 3471,
www.oegg-hof221.at



Barrier-free toilet

GEPATSCHHAUS HUT

Gletscherstraße, Tel.: +43 660 509 70 88,
www.gepatschhaus.at



Barrier-free toilets

WEISSSEE GLACIER RESTAURANT

Kaunertal Glacier, Tel. +43 5475 55 66,
www.kaunertaler-gletscher.at



Barrier-free toilet



© Quellalpin | Andreas Schaller

A PLACE OF POWER FOR EVERYONE

Quellalpin Wellness Centre

A

A serene wellness retreat surrounded by nature in Feichten: Quellalpin offers a bright indoor pool, a sauna area, a restaurant, and a range of leisure facilities. From the very beginning, special attention was given to making guests with mobility limitations feel fully at home.

Information & contact: www.quellalpin.at
Quellalpin, Feichten 134, 6524 Kاونertal,
Tel. +43 5475 222, info@quellalpin.at

*Did you know that the pool is filled
with quality-tested spring water from
the Kaunergrat?*



The facility offers wheelchair-accessible restrooms, spacious changing rooms, and a passenger lift connecting all floors

— all the way up to the rooftop sauna area with views of the surrounding mountains.



SAUNA + SWIMMING POOL

The modern and sustainable indoor swimming pool, filled with 30 °C spring water, features a stainless-steel pool with bubble loungers, massage jets, and a neck shower. Children have their own shallow pool (15–30 cm) with water play features and comfortable seating for parents. Thanks to a pool lift (up to 175 kg), the pool is fully accessible. The 300 m² alpine spa area on the rooftop offers a Finnish sauna, organic sauna, steam bath, infrared cabin, relaxation room, and two fresh-air terraces — providing the perfect setting for rest and rejuvenation.



© Quellaipin | Andreas Schabber

I RESTAURANT & BISTRO A MEETING PLACE FOR CONNOISSEURS

Located within the Quellaipin Wellness Centre, the 'Talgenuss' Restaurant welcomes you to recharge after a swim. Renowned for its excellent cuisine and exceptional value, the menu features everything from hearty schnitzels and

grill platters to regional specialties, international dishes, fresh salads, and homemade pizzas. Whether you're seeking a quick bite or a leisurely meal, indulgence is always at the heart of the experience.



© Quellaipin | Andreas Schabber

I INDOOR FACILITIES DIVERSE ACTIVITIES

Action and variety are the order of the day at the Quellaipin Wellness Centre, which features a fitness centre, bowling alley and shooting range. There is always something to do here, even in rainy weather!

I SHOOTING RANGE

The Schützengilde Kaunertal operates a modern sports shooting range (10 m air rifles) at the Quellalpin Wellness Centre, which is open to guests. Here, you can test your accuracy in a safe environment and get an introduction to the sport — an exciting activity for both beginners and experienced shooters. Opening hours on request.



© Quellalpin | Eva Beer



© TiB Tiroler Oberland | Severin Wegener

I NATURE PARK EXHIBITION "WITH FULL FORCE"

The permanent exhibition "Mit aller Kraft. Klima, Gletscher, Kaunertal (With Full Force: Climate, Glaciers, Kaunertal)" located on the lower floor offers fascinating insights into climate and glaciers. Using the Gepatschferner at the end of the Kaunertal as an example, the exhibition also shares stories about the local population's emotional connection to "their" glacier — from the landscape-shaping use of its waters to the scientifically documented effects of climate change.



*Opening hours and
further information*



EXPERIENCE NATURE



Kaunergrat Nature Park

The designation “Nature Park” is given to a landscape that is home to a wide variety of plant and animal species. The Kaunergrat Nature Park includes nine municipalities from the Kaunertal, Pitztal, and Upper Inn Valley. Organised as an association, the Nature Park supports sustainable development in the region and, together with local partners, has already carried out around 100 projects. Accessibility is also one of the key areas of focus.

Information: www.kaunergrat.at

Tel.: +43 5449 6304

In May 1998, the Kaunergrat Nature Park was established on the initiative of the region itself. Its stated goal was to preserve the picturesque Kaunergrat, with its impressive natural and cultural landscape, for future generations.

I NATURE PARK HOUSE

B

As a popular year-round destination with a “front-row seat to nature,” the Nature Park House at Piller Sattel offers fascinating insights and experiences for all ages. The multimedia exhibition “Die Magie der Vielfalt (The Magic of Diversity)” showcases the richness of nature in a striking and engaging way.

- **Opening hours:**
www.kaunergrat.at
- **Free-of-cost Swiss-Trac rental**

P  Kaunergrat Nature Park House
 Playground accessible to all



© TVB Tiroler Oberland | Severin Wegener



© TVB Tiroler Oberland | dieWest

I PILLER MOOR

11

One of the most beautiful high moors in Central Europe is located nearby. Walkways made of larch wood lead through the unique moorland landscape, and two platforms allow guests with limited mobility to experience this natural gem.

- **Start: Piller Moor car park**
- **Walking time: approx. 1 hour (2 km)**

 Kaunergrat Nature Park House



© TVB Tiroler Oberland | dieWest



© TiVG Tiroler Oberland | dieWest

I EXHIBITION: "THE MAGIC OF DIVERSITY"

The newly redesigned 2025 exhibition at the Nature Park House showcases the magic of biodiversity in the Kaunergrat Nature Park — from high moors and dry grasslands to colourful mountain meadows. In addition to flora and fauna, the exhibition highlights the human influence, showing how people live with

and in this nature. Subtle lighting and thoughtful design focus attention on the species on display, while interactive, multimedia elements engage all the senses. A cosy, staged "living room" tells countless stories and invites visitors to fully immerse themselves in the fascination of nature.



© TiVG Tiroler Oberland | dieWest



© TiVG Tiroler Oberland | dieWest

I "GACHER BLICK" VIEWING PLATFORM

The "Gache Blick" captivates with a panorama stretching to the western and southern borders of Tyrol. From the Kaunergrat Nature Park House, the terrain drops over 800 m into the Obere Inn Valley, offering a spectacular view of the surrounding peaks. In addition to notable sites from Tyrolean history, the platform also highlights a geological marvel: the impressive Engadine Window.

The platform is specially designed for people with mobility limitations and is fully accessible for wheelchairs and other assistive devices.



© TiB Tiroler Oberland | Jule West



© TiB Tiroler Oberland | Severin Wegener

I PREHISTORIC ALPINE RITUAL SITE

During the Middle Bronze Age, one of the most important Alpine routes crossed the Piller Sattel. From the Nature Park House, visitors can still walk a section of this historically significant path and visit the Brandopferplatz — a remarkable prehistoric and Roman-era sanctuary. From the Bronze Age (around 500 BC) through early Christian times, offerings were continuously made here to the gods.





© TTB Tiroler Oberland, Swaim Wegener

FUN IN THE MOUNTAINS

Sommerberg in Fendels

With only around 250 inhabitants, Fendels is one of the smallest municipalities in Tyrol. But the mountain village high above the Inn Valley is full of possibilities – even for guests with limited mobility. A four-seater chairlift takes you from the village to the Sattelklause mountain station at 1,874 m above sea level. Around the mountain restaurant, there are varied hiking and puzzle trails, mountain carts and a natural playground with watercourses – a highlight for families.

Good to know: Prams, Swiss-Tracs, and wheelchairs can be easily transported on the chairlift.

HOCEGG VIEWING PLATFORM

D

The Fendels “Hocegg” viewing platform offers breathtaking panoramic views of the surrounding mountains and is easily reached via the charming Fendels circular trail.



SATTELKLAUSE HUT

E

The restaurant at the chairlift’s mountain station delights guests with Tyrolean specialties and international cuisine.

- Many of the surrounding paths and trails are suitable for pushchairs and wheelchairs.
- No barrier-free toilets



LOCAL WILDLIFE TRAIL

13

Family- and wheelchair-friendly themed trail from the Sattelklause to the Fendler Alm mountain huts.

- **Walking time:** approx. 45 min (2 km)
- No barrier-free toilets at the Alm;
Difficult to access at the Sattelklause restaurant
- Barrier-free toilet: Cable-car car park in Fendels



SATTELBODEN ADVENTURE FOREST



F

Playground with adventure treehouse, climbing and fun park, water paradise, pram-friendly Owl Trail, and mountain cart track.

- **Info:** Mountain cart rental directly at the start

Tip: Mountain cart descent also suitable for wheelchair users! The wheelchair shall be transported down to by cable car.



© Tiroler Oberland | Roman Huber

FREEDOM AT THE TOP

Kaunertal Valley Glacier

The Kaunertal Glacier is one of the highest in Tyrol. The winter ski resort — featuring a cable car to the Karlesjoch that also operates in summer — opened in 1980 and is accessible via the Glacier Panorama Road, ending at 2,750 m above sea level. Away from mass tourism, visitors can experience a stunning natural and cultural landscape across Alpine altitudes from 1,200 to over 3,100 m. The glacier impresses with its tranquility, pristine beauty, and majestic mountain scenery — and is certainly worth a visit.

I GLACIER ROAD



The Kaunertal Glacier Road – the most beautiful dead end in the Alps

26 km, 29 hairpin turns, 1,500 m of elevation gain — these are the highlights of the “Tyrolean Road to the Kaunertal Glacier.” From the valley village of Feichten, the route climbs in 29 stages to the edge of the Weißseeferner Glacier. Along the way, numerous viewpoints and historic structures await. Relax on the sun terrace of the glacier restaurant, or take the cable car — fully accessible — up to over 3,000 m. One of the most beautiful high-Alpine roads in the Alps makes it all possible!

➤ **Toll rate:**

Day tickets and multi-day tickets are available at the toll station

➤ **Ticket office opening hours:**

Daily 7 am – 5 pm



Café Seepanorama and Glacier Restaurant

© TVB Tiroler Oberland | Daniel Zanggerl



© TVB Tiroler Oberland | Annalena Wolch



Tip:

*Pure determination,
pure challenge!*

At the annual Handbike Battle, athletes start at the toll station (1,287 m) and tackle 20 km uphill. An event to cheer on or take part in — guaranteed to give you goosebumps!



© TVB Tiroler Oberland | Severin Wegener

THREE-COUNTRY VIEW VIEWING PLATFORM

KAUNERTAL GLACIER

H

The Karlesjochbahn takes you comfortably and fully barrier-free up to 3,108 m. From there, the viewing platform offers breathtaking panoramic views of peaks among the highest in Austria, Italy, and Switzerland — with the international border at your feet!



Playground: directly in front of the glacier restaurant



Glacier Restaurant



Directly in front of the Weißsee glacier restaurant

SEEPANORAMA (LAKE PANORAMA)

1

Halfway along the Glacier Road, the welcoming café-bistro invites you to a culinary break. From the sun terrace or through large panoramic windows, enjoy views of the Ötztal Alps, the reservoir, and the impressive dam. An informative exhibition provides fascinating insights into this engineering masterpiece and the importance of hydropower in Tyrol.



© TVB Tiroler Oberland | Daniel Zangerl



EAGLE'S VIEW ALMOST LIKE FLYING

3

This spectacular viewing platform perches high above Feichten on a 100-metre cliff, offering sweeping views of the surrounding three-thousand-metre peaks — right near Tyrol's largest eagle's nest. The short approach (about 5 minutes from the 8th/9th hairpin) is quite rough, so it is recommended for wheelchair users only with assistance.

© TVB Tiroler Oberland | Daniel Zangerl





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MINER'S VIEW WINDOWS INTO HISTORY

3

Right at the 9th hairpin turn lies the “Bergwerksblick” platform. It is part of a circular trail leading to the abandoned tunnels where ore was mined until the 18th century. Although the trail is not wheelchair-accessible, the view of the historic mining site and the surrounding mountains is well worth it. Like the Eagle’s View (Adlerblick), the viewing platform offers impressive panoramas of the Kaunertal and its scattered settlements.

- Forest road towards Verpeil (hairpin turn 9)
- Quellalpin and Kaunertal Community Centre

➤ See also pages 61/62.



© Tiroler Oberland | Severin Wegener

KALTENBRUNN PILGRIMAGE CHURCH

J

The church, visible from afar in a small forest above Nufels, is considered a spiritual centre of the Kaunertal and one of Tyrol’s oldest Marian pilgrimage sites. Accessible restrooms are available at the nearby Gasthaus Kaltenbrunn during opening hours.

- **Start:** Nufels car park
- **Walking time:** approx. 20 minutes (1.5 km)



RIED BATHING LAKE

K

The Rieder bathing lake is one of the summer highlights of the Upper Inn Valley. Crystal-clear water, a spacious sun-bathing lawn, and a variety of leisure activities invite visitors to relax and enjoy. The lake restaurant serves regional specialties for a tasty break.

The lake is also accessible for wheelchair users, though due to the natural terrain, assistance is recommended.

- **Good to know:** There is a pool lift that provides barrier-free access to the lake as well as a barrier-free toilet.

Start of the season: End of May

Even outside of bathing season, the lake is permanently open to the public.



© TVB Tiroler Oberland | dieWest



© TVB Tiroler Oberland | dieWest



© TVB Tiroler Oberland | Roman Huber

ARCHERY IN PFUNDS (INDOOR)

Right in the heart of Pfunds, the year-round Bogenstadl offers a unique archery experience. On the 18-metre shooting range, you'll find numerous 3D animals, FITA targets, and an archery cinema — perfect for beginners and pros alike. Introductory courses and equipment are available on site. Access involves a 15 cm curb and two steps, so it is recommended that wheelchair users be accompanied.



➤ **Toilet:** limited wheelchair access

➤ **More information** at 3-laender-bogenpark.com



© TVB Tiroler Oberland | Rudi Wyrhidal

PFUNDSER TSCHHEY HIGH-ALPINE VALLEY

The Pfundser Tschey (1,600–1,700 m), a protected high valley, is a picturesque landscape dotted with small hay barns and alpine huts, framed by meadows, larch forests, and mountain peaks. A paved road makes the Tschey accessible up to the Kälberhütte (4 km, unstaffed) for wheelchairs with towing devices, e-wheelchairs, and prams.

NAUDERS CABLE CAR

The modern six-seater cable car takes guests comfortably and fully barrier-free from the valley floor in Nauders up to 2,200 m. At Bergkastel, visitors are greeted by stunning mountain scenery, a cosy panoramic restaurant with wheelchair-accessible restrooms, and the family-friendly Goldwasser Adventure World.



© TVB Tiroler Oberland | Florian Albert



Viewing platform: Eagle's View

© TVB Kammerrat | diewest.at



Playgrounds

Playing means being curious, exploring, learning — and having fun! The region's nature-inspired playgrounds spark children's imagination and energy, while also giving parents a chance to relax.



© TIVB Tiroler Oberland | Severin Wegner

BACH AM MOOS FENDELS

Wet and wild fun around a natural stream on the Fendels adventure mountain. Access by chairlift.

P Fendels cable car car park



© TIVB Tiroler Oberland | Daniel Wächter

FENDELS PLAYGROUND

Nice playground in the village with lots of popular equipment and space to let off steam.

P At the playground



© TIVB Tiroler Oberland | Severin Wegner

NATURE PARK HOUSE

Natural play area in the high forest, featuring wooden elements like a spear barrier, swings, a Gallic hut, and a Roman chariot.

P At the Nature Park House

VERGÖTSCHEN PLAYGROUND

Small, lovely playground – easily accessible and ideal for a play break in between.

P Vergötschen, near the playground



© TVB Tiroler Oberland | Michael Veit

KAUNERTAL INDIAN PLAYGROUND

Featuring a barbecue area, pond and climbing frame – just 50 m behind the toll booth. Next door, there's a youth zone and a skateboard ramp.

P At the playground  Barbecue area available



© TVB Tiroler Oberland | dlewest.at

KAUNERTAL VILLAGE SQUARE

Fun and games at Haus Pfiffikus in Feichten.

P At the playground



© TVB Tiroler Oberland | Alma Göll

KAUNS VILLAGE CENTRE

Versatile, friendly, central.

P At the playground



© TVB Tiroler Oberland | Severin Wegener

FEICHTEN VILLAGE CENTRE

Varied playground at the fire station.

P At the playground



© TVB Tiroler Oberland | Stefanie Schreiber



© T. B. Irle Oberland | Severin Wegener

A TASTE OF HAPPINESS



Alpine pastures

The staffed Alpine pastures in the Kaunergrat Nature Park are true havens for the soul. Shaped by the forces of nature and shaped by centuries of traditional grazing, they delight visitors with warm hospitality and regional specialties — from hearty farmer’s snacks to fluffy Kaiserschmarrn. Places to take a deep breath and feel the freedom of the mountains.

Tip: You can find more information and tips on hiking tours starting on page 54.

FENDLER ALM (1,970 m)

13

The Fendler Alm sits — true to its name — above the mountain village of Fendels and is easily accessible. From the Sattelklaus mountain station on Sommerberg Fendels, a gentle hiking trail (also suitable for prams) leads directly to the Fendler Alm.

- Toilets: no barrier-free toilets at the Alm; wheelchair-barrier-free toilets at the valley station of the 4-seater chairlift

© TVB Tiroler Oberland | Severin Wegener



AIFNER ALM (1,980 m)

9

At the foot of the Kaunergrat mountain range lies the Aifner Alm Hut, idyllically surrounded by Swiss stone pine forests and moors. The sun terrace offers a magnificent panoramic view of the Kaunergrat, the Venet, the Lechtal Alps and the Samnaun Group.

- The toilet facilities are only partially accessible.

P

© TVB Tiroler Oberland | Severin Wegener





© TVB Tiroler Oberland | Dominik Kümmer

FALKAUNSALM (1,962 m)

7

At the Falkaunsalm, visitors can enjoy breathtaking views, unforgettable sunsets, and homemade alpine cheese and fresh butter. Thanks to easy access via a forest road, a hike to the Falkaunsalm is also possible for guests with mobility limitations.

➤ Toilet usable with assistance/support



© TVB Tiroler Oberland | Amalena Walch

GEPATSCHHAUS (1,928 m)

14

The Gepatschhaus, the first Alpine Hut of the DAV (German Alpine Club), is located directly on the Kaunertal Glacier Panorama Road, surrounded by Swiss pines and close to the Gepatschalm. It makes an ideal stopover. Access by car permitted.

➤ barrier-free toilet in the annex



NASSEREINALM (2,041 m) 1

This traditional alpine pasture lies above the Gepatsch Reservoir at 2,041 m. It can be reached in about 1½ hours via a forest road from the dam crest, passing through the woodland.

- Barrier-free toilets at the Café Seepanorama. The restroom at Nassereinalm Hut is only partially accessible, with a 50 cm door that opens inward.



© TVB Tiroler Oberland | Daniel Zangerl

VERPEILHÜTTE HUT (2,015 m) 5

The Verpeilhütte Hut is located in a picturesque high valley above Feichten. It's an ideal destination for families, with a weekly hiking bus running to the Verpeilalm. From there, the hike to the Verpeilhütte begins, where overnight stays are also available.

- The toilets at the Verpeilhütte are spacious. There are several high steps to negotiate at the entrance to the hut.
- Reachable for experienced wheelchair users with assistance and a towing device



© TVB Tiroler Oberland | Severin Wegener





HIKING, CYCLING & ENJOYING

Stay active this summer

On foot, in a wheelchair, with a handbike, or even with a pram, the Kaunertal offers countless ways to experience nature and culture. Barrier-free paths, alpine pastures, and viewing platforms make the valley's beauty immediately accessible. Summer in the Kaunertal has never felt more invigorating! From leisurely strolls along serene ponds to loop hikes to historic sites, and even sporting challenges like the Handbike Battle on the Glacier Road — one highlight follows another. Gentle cycling tours in the surrounding area complete the holiday experience.

*Finally breathing mountain air
again – or trying something new? In
Kaunertal, longing becomes reality.*

Classification & tour planning

I THE LEVELS OF DIFFICULTY ● ● ●

Hiking trails for people with limited mobility are categorized into three difficulty levels: **blue (easy)**, **red (moderate)**, and **black (difficult)**. The classification is based on wheelchair users without technical aids or assistance. Other groups — including walkers with canes, people using walkers, or families with prams — are assigned to the corresponding categories.

● EASY HIKING TRAIL

Characteristics: The path is wide enough, with passing places always within sight at narrower sections. Both the gradient and cross-slope are very gentle, and challenging sections are rare, allowing obstacles to be negotiated independently. Ground depressions and small steps are low enough to be crossed without assistance. Additionally, unusual hazards or areas with a risk of falling are generally not expected.

Target group: The route is suitable for all persons with motor impairments, including wheelchair or handbike users, persons with walkers or walking sticks, and all types of prams.

Prerequisite: equipment appropriate for the weather conditions.

● MODERATELY DIFFICULT HIKE

Characteristics: The path is wide enough, with passing places clearly visible at narrower sections. Gradients and longer sections with cross-slopes can be managed with a companion or light assisted propulsion. Challenging sections may occur but are generally navigable with support. While there are usually no areas with a risk of falling, occasional unsecured sections may exist. Due to the path width, surrounding vegetation, and other natural conditions, the risk of falling is unlikely.

Target group: The path is suitable for wheelchair users with light assisted propulsion, such as a tow-bike or similar devices. Wheelchairs equipped with a FreeWheel can also be used. In addition, wheelchair users with a companion, walkers using a cane, and visitors with all-terrain prams can navigate the trail.

Requirements: In addition to the requirements for navigating an easy trail, these routes require experience using a relevant mobility aid — whether a cane, pram, or wheelchair — on hiking paths. A good level of physical fitness is also necessary to complete the trail safely and independently.

● DIFFICULT WHEELCHAIR-ACCESSIBLE HIKING TRAIL

Characteristics: The path is at least 100 cm wide and features passing places. Gradients and longer sections with cross-slopes can be managed with a powerful electric drive. More challenging sections with grassy surfaces, gravel, or root-covered ground may occur. Strong assisted propulsion may be required to navigate depressions or small steps. Some sections may also have a risk of falling without proper safety measures.

Target group: The path is suitable for wheelchair users with strong assisted propulsion, such as a Swiss-Trac, as well as users of electric all-terrain wheelchairs. Visitors with all-terrain prams can also navigate the trail.

Requirements: In addition to the requirements for navigating an easy or moderately difficult trail, mountain experience is necessary to recognise and assess potential hazards in the natural environment.



HIKING TIME



METRES OF ELEVATION GAIN



DISTANCE TRAVELLED



START WELL PREPARED

Tour planning

To fully enjoy the Kaunertal mountains safely and comfortably, it's worth preparing well before each outing. Here you'll find rental locations for wheelchairs and towing devices, along with useful tips for carefully planning your tour.

Swiss-Trac rental

Hotel Weisseespitze****: Platz 30, 6524 Kaunertal,
Tel.: +43 5475 316, www.weisseespitze.com

Kaunergrat Nature Park House: Gachenblick 100, 6521 Fließ,
+43 5449 6304, www.kaunergrat.at

X8 mountain wheelchair or Manul 4x4 hand quad rental

Haus Renate: Vergötschen 48, 6524 Kaunertal,
Tel.: +43 5475 275, www.hausrenate.com



© TVB Tiroler Oberland | dieWest



I WEATHER CONDITIONS

What will the weather be like on the day of the tour? Only stable conditions should be chosen for longer trips, whereas shorter trips in low-lying areas allow for a little more flexibility. The days leading up to the event are also crucial: Wet roads are more difficult to navigate. Also find out about the condition and length of the route (range of the towing device!) and, if in doubt, take someone with you.



I SUN PROTECTION

UV radiation is particularly strong in the mountains. Consistent sun protection reduces the risk of skin damage and heatstroke: use sunscreen, consider special umbrellas or canopies for your wheelchair, and avoid the midday sun whenever possible.



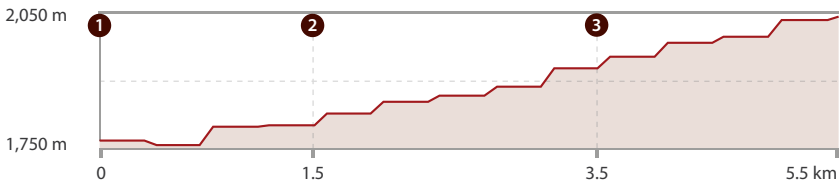
I EQUIPMENT

- Hiking map
- Sufficient snacks and drinks
- Charged mobile phone
- First aid kit
- Sun protection
- Cash
- Information about car parks and toilets along the route



Starting point	Seepanorama Café
End point	Nassereinalm Hut
Road conditions	Asphalt, gravel

	1 h 45 min
	269 m
	5.5 km



● DIFFICULTY: MEDIUM

NASSEREINALM

2,041 m

A charming alpine pasture with views of the reservoir and a stunning Alpine backdrop.



The route begins at the Gepatsch Reservoir Panorama, where accessible toilets, parking, and a lift to the café are available. The trail starts on a paved road along the dam. After about 2.2 km, turn right and tackle a steep gravel ascent. Another 300 m brings you to a cattle gate, which can be opened and closed independently. The forest road is mostly steep, so inexperienced hikers should attempt this route only with a companion. After roughly 5.5 km and about 1 hour of travel, you reach the destination, where friendly staff serve typical regional dishes. The alpine pasture lies just below the tree line, slightly limiting the views, but the starting point offers beautiful vistas of the reservoir and the Gepatsch Glacier.



© TUG Tiroler Oberland | Daniel Zangger

- **Parking:**
Café Seepanorama and at the junction on the gravel road
- **Toilets:**
Wheelchair-barrier-free toilets in Café Seepanorama; no wheelchair-barrier-free toilets at the Nassereinalm mountain hut.
- **Places to stop for refreshments:**
Café Seepanorama, Nassereinalm Hut



*Here you will find
current contact
information*

2

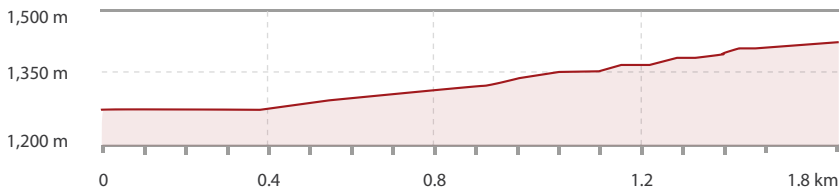
HIKE TO THE ÖGGHÖFE FARMHOUSES



Starting point
End point
Road conditions

Kaunertal Information Office / Quellalpin
Ögghöfe Farmhouses
Ascent, forest path, partly asphalted municipal road

70 min
156 m
1.76 km



● DIFFICULTY: MEDIUM

ÖGGHÖFE FARMHOUSES

1,525 m

A scenic hike to the Ögghöfe Farmhouses cultural monument, set in a traditionally managed cultural landscape.



The hike starts at the Kaunertal/Quellalpin information office. Follow the road into the valley, turn right at the fire station, cross the bridge, and follow signs to the Ögghöfe. The forest road climbs past the avalanche dam with a small wayside shrine until you reach the historic Ögghöfe, first mentioned in 1420. This cultural monument, built in a charming clustered style, offers picturesque views of the 3,526 m Weißseespitze and is now used as a seminar and holiday farm. Behind the farm lies the protected habitat of the “Braunelle,” a Tyrolean ecotype of the dark honeybee (please do not enter!).

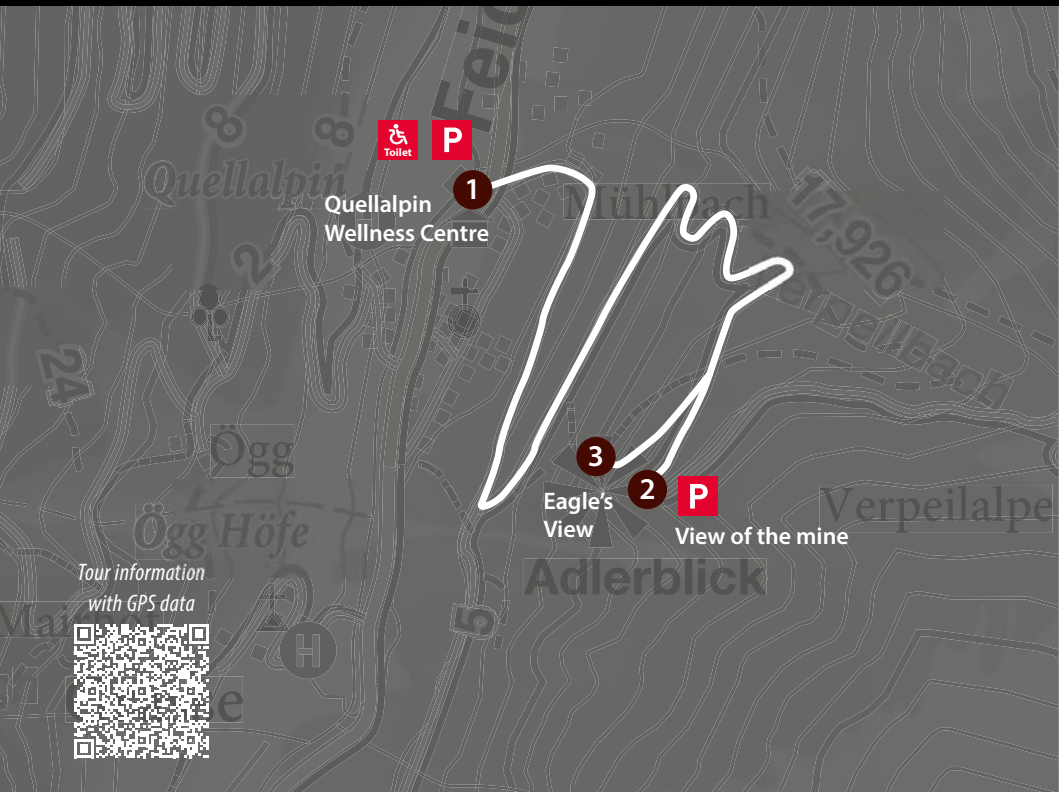
© TIB Tiroler Oberland | Dominic Kummer



- **Parking:**
Quellalpin Wellness Centre
- **Toilets:**
Quellalpin and Kaunertal Community Centre
- **Places to stop for refreshments:**
Quellalpin, Alpine Camping Kaunertal,
Die Dorfalm – Eat by Pete



If you happen to meet Mr Georg Praxmarer at the Ögghöfen farmhouses, it is worth asking for a guided tour (not wheelchair accessible).



Tour information
with GPS data



Starting point

Quellalpin Kaunertal

End point

Viewing-platform car park at the Miner's view

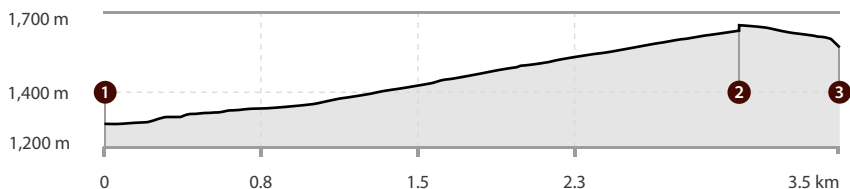
Road conditions

Gravel path, paved gravel path, forest path

1 h 45 min

346 m

3.52 km



● DIFFICULTY: DIFFICULT

ADLERBLICK (EAGLE'S VIEW) & BERGWERKSBLICK (MINER'S VIEW)

1,671 m

Informative and scenic hike near the valley with fantastic views.



The two barrier-free viewing platforms are a true highlight of the Kaunertal, perched on a 140 m cliff above Feichten. The wheelchair-accessible hike to the Eagle's View (Adlerblick) can start from the Quellalpin car park in Feichten (recommended: Swiss-Trac, off-road hand-bike, or X8 e-mountain wheelchair) or from the small car park on the Verpeilweg between the 8th and 9th hairpin turn (an easier option; the short path to the platform is accessible with towing assistance). The Miner's View (Bergwerksblick) viewing platform is located directly at the 9th hairpin turn.



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- **Parking:**
Forest road towards Verpeil (hairpin turn 9), Quellalpin
- **Toilets:**
Quellalpin and Kaunertal Community Centre
- **Places to stop for refreshments:**
Quellalpin, Alpine Camping Kaunertal, Die Dorfalm – Eat by Pete



The platforms are spacious, fully wheelchair-accessible, and level with the natural trail. Transparent railings allow visitors to fully enjoy the stunning panorama.



Platz – Unterhäuser

Starting point

Car park at Hotel Weisseespitze in Platz | Kaunertal

🕒 36 min

End point

Unterhäuser

➔ 2.1 km

Feichten – Grasse

Starting point

Feichten – Quellalpin car park | Kaunertal

🕒 20 min

End point

Grasse – Football pitch car park | Kaunertal

➔ 1.05 km

Grasse – Maierhof

Starting point

Grasse car park | Kaunertal

🕒 1 hour

End point

Grasse car park | Kaunertal

➔ 2.3 km

● DIFFICULTY: MEDIUM

VALLEY HIKING TRAIL

1,300m

A varied and enjoyable hike along the valley floor in the Kaunertal Valley – accessible and close to nature.



Platz – Unterhäuser

From the car park behind the Hotel Weisseespitze, follow the valley hiking trail to the district of Vergötschen. Cross the bridge there and continue along the Faggenbach Stream to Unterhäuser.

Feichten – Grasse

From the car park in Feichten at the Quellalpin, follow the main road for approx. 500 m to the Hotel MeinEdelweiss. After crossing the bridge, the path leads along the left side of the Faggenbach stream to the district of Grasse.

Grasse – Maierhof

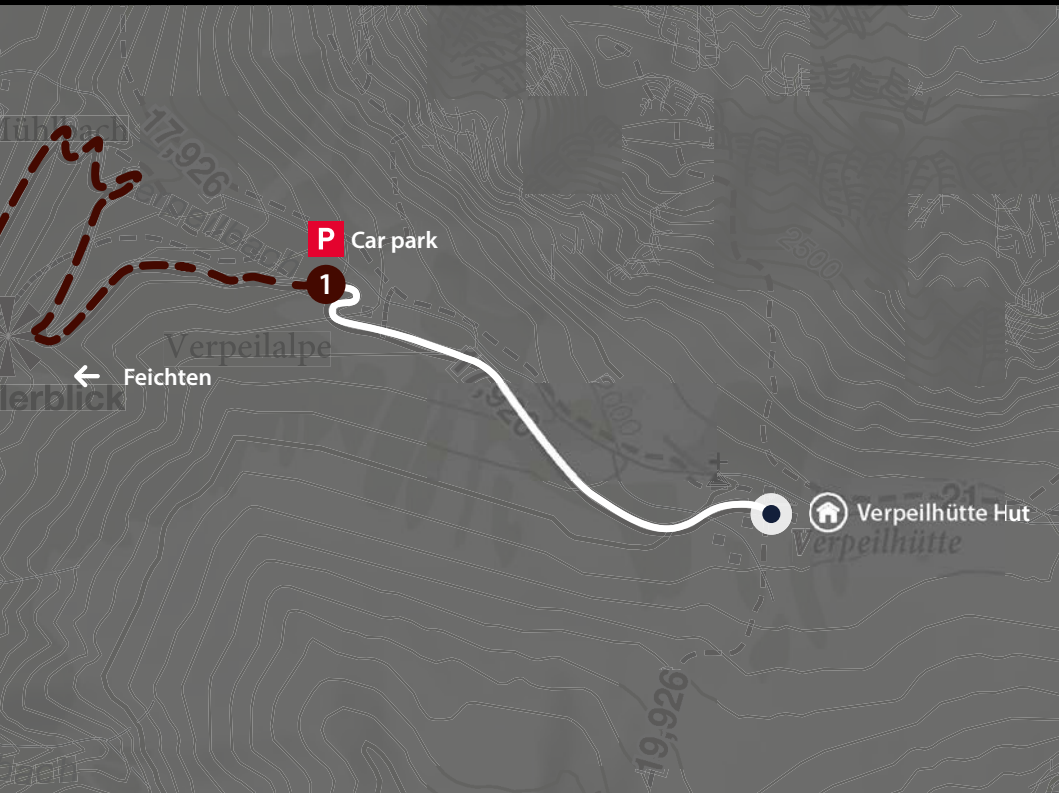
From the car park, follow the asphalt road uphill to Maierhof, the last farm in



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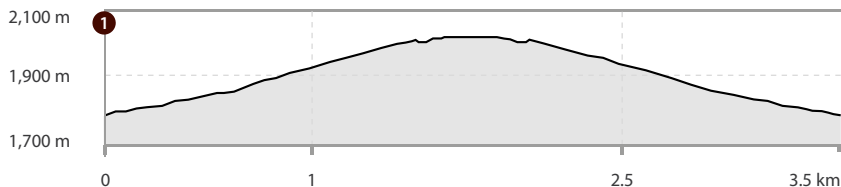
the district of Grasse. Continue along a forest path (gravel path) slightly downhill to the Indian playground with a public barbecue area – ideal for a short break. Before the entrance to the playground, turn left onto the gravel path towards Grasse and return to the starting point.

- **Parking:**
at the starting points
- **Toilets:**
Hotel Weisseespitze (Platz – Unterhäuser); Quellalpin, Haus Renate (Vergötschen), Kaunertal municipality (Feichten – Grasse); no public toilets on the Grasse – Maierhof route, nearby: Quellalpin or Kaunertal municipality
- **Places to stop for refreshments in Feichten:**
Quellalpin, Alpine Camping Kaunertal, Die Dorfalm – Eat by Pete



Starting point	Car park at the Verpeilalm Hut
End point	Car park at the Verpeilalm Hut
Road conditions	Gravel, wooden walkway

	1 hour
	237 m
	3.5 km



● DIFFICULTY: DIFFICULT

VERPEILHÜTTE

2,025 m

An ideal destination for families, set in a scenic high valley above Feichten.



The starting point is the car park at the Verpeil Alm Hut (with a steep cross-slope). Immediately after the alm, there is a cattle gate that must be opened against the direction of travel. The gravel path to the Verpeilhütte Hut is rough and includes very steep sections (in places over 20%; a companion is recommended). About three quarters of the way along, a small stream must be crossed via a wooden footbridge. After roughly one hour, you'll reach the idyllically situated Verpeilhütte Hut in the heart of the nature park. Access to the building is via two steps, each 12 cm high. A varied menu takes care of refreshments. The picturesque high valley, with its babbling stream, framed by stone pine trees and



© TUG Tiroler Oberland | Dominic Kummer

striking rock formations, also invites visitors to relax and unwind.

- **Parking:**
Car park at the Verpeilalm Hut
- **Toilets:**
The toilets at the Verpeilhütte Hut are spacious. There are steps to negotiate at the mountain hut entrance.
- **Places to stop for refreshments:**
Verpeilhütte Hut



Here you will find current contact information



The stage to the Verpeilalm Hut can be easily covered by car or hiking bus. The hut is accessible to experienced wheelchair users with assistance and an accompanying person.



Tour information
with GPS data



Starting point

Car park information hut in Platz | Kaunertal

End point


Car park information hut in Platz | Kaunertal

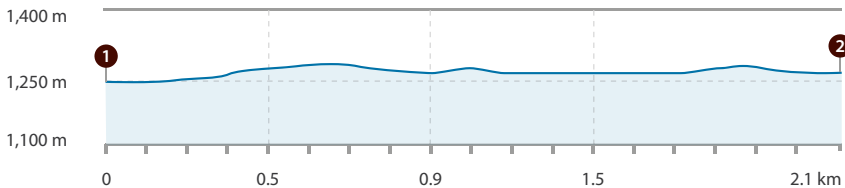
Road conditions

Mainly asphalt, short gravel section

 1 hour

 39 m

 1.5 km



● DIFFICULTY: EASY

KALTENBRUNN

1,263 m

Hike to the pilgrimage church of Kaltenbrunn – one of the most famous pilgrimage churches in Tyrol.



The hike begins at the car park in Platz, the first hamlet on the Kaunertal valley floor. From the information hut, the route leads toward Nufels and continues from the small hamlet directly to Kaltenbrunn. There stands the pilgrimage church dedicated to the Assumption of Mary—one of Tyrol's oldest and most important pilgrimage sites, with origins dating back to the 12th century. Special feature: it is actually a “church within a church” — the construction of the nave, which arches over the chapel of grace, began in 1535.

Both the pilgrimage church and the neighbouring inn are accessible barrier-free.

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- **Parking:**
at the information hut
- **Toilets:**
at the Kaltenbrunn Inn, accessible during opening hours
- **Places to stop for refreshments:**
Kaltenbrunn Inn



On the valley side of the path to the pilgrimage church, the Kerzenkapelle chapel, inaugurated in 2009, offers a quiet place for reflection and for lighting a candle.



Tour information
with GPS data



Starting point

Car park at Kaltenbrunn pilgrimage church

End point

Falkaunsalm

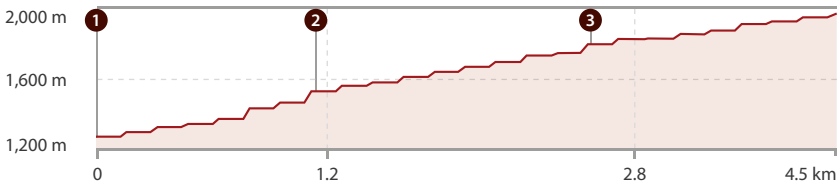
Road conditions

Gravel

⌚ 55 min

↗ 392 m

➔ 4.5 km



● DIFFICULTY: MEDIUM

FALKAUNSALM

1,962 m

Renowned for its views, fabulous sunsets and homemade Alpine specialities.



Shortly before the hamlet of Platz (the first settlement on the valley floor of the Kaunertal), turn left toward Nufels and continue to the pilgrimage church of Kaltenbrunn in the Kaunertal. From there, the route continues in the direction of Wiesenhöfe. At the 6th hairpin turn, there are several parking options beside the road. The route to the Falkaunsalm Hut continues from here along a forest road (gravel), which includes steep and rough sections but is generally easy to navigate. After about 4.5 km and 55 minutes, you reach the Falkaunsalm. A ramp leads up to the guest terrace. The restroom facilities at the Falkaunsalm Hut are only partially suitable for wheelchair users. The Falkaunsalm Hut is staffed, and



© Tiroler Oberland | Dominik Kummer

visitors can enjoy specialties of Tyrolean cuisine.

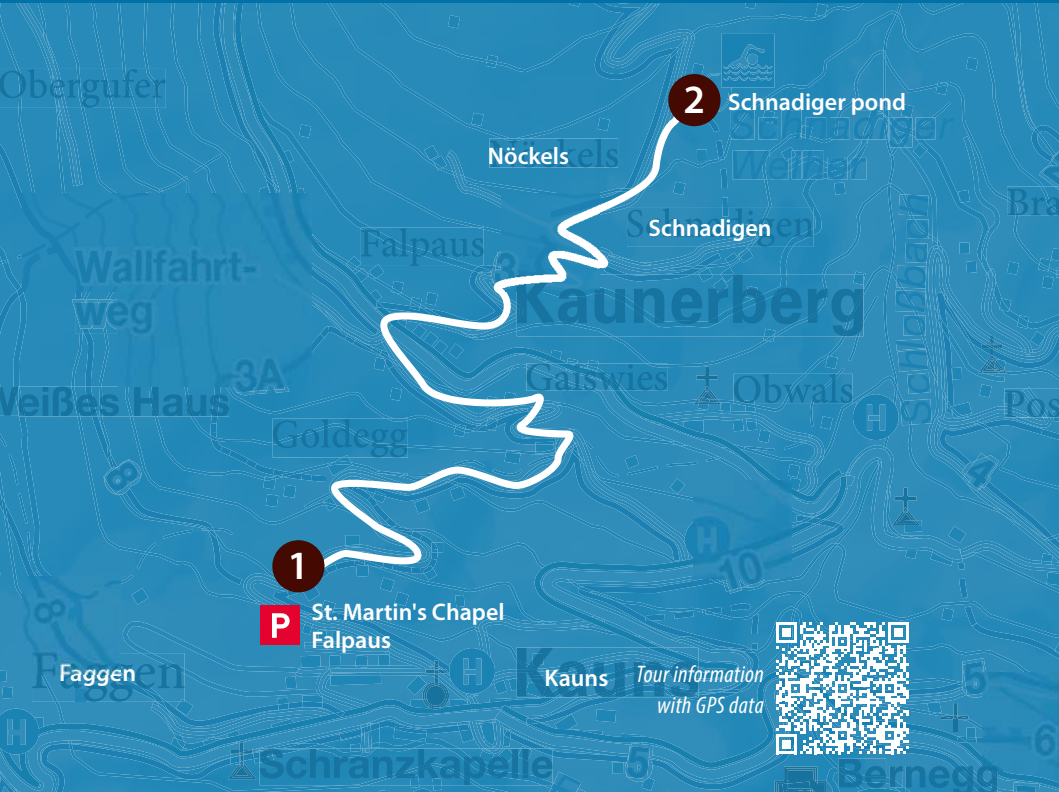
- **Parking:**
Parking spaces available, but not reserved for guests of the Falkaunsalm (often occupied)
- **Toilets:**
Toilet with limited accessibility



Here you will find current contact information



It is recommended to visit the Kaltenbrunn pilgrimage church before or after the tour.



Starting point


St. Martin's Chapel, Falpaus

End point


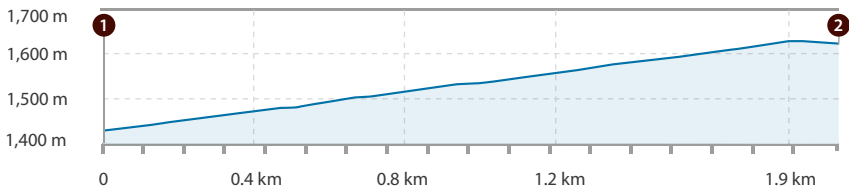
St. Martin's Chapel, Falpaus

Road conditions

Asphalt, gravel, forest road

 2 hours

 194 m

 1.9 km


● DIFFICULTY: EASY

SCHNADIGER WEIHER

1,615 m

An impressive tour through the hamlets of Kaunerberg with the natural highlight of Schnadiger Weiher pond.



The starting point is the Martinskapelle chapel in Falpaus (car park), Kaunerberg. From here, follow the paved state road uphill to the turnoff marked “Schnadiger Weiher.” A forest road branches off to the right and leads toward the mountain lake as far as the car park. From there, a narrow hiking trail runs through the forest to the Schnadiger Weiher at an elevation of 1,615 m. The pond was created over 200 years ago and expanded in the 1950s. Hidden away and beautifully situated in a small wooded area, it invites visitors to pause and linger. The return follows the same route.

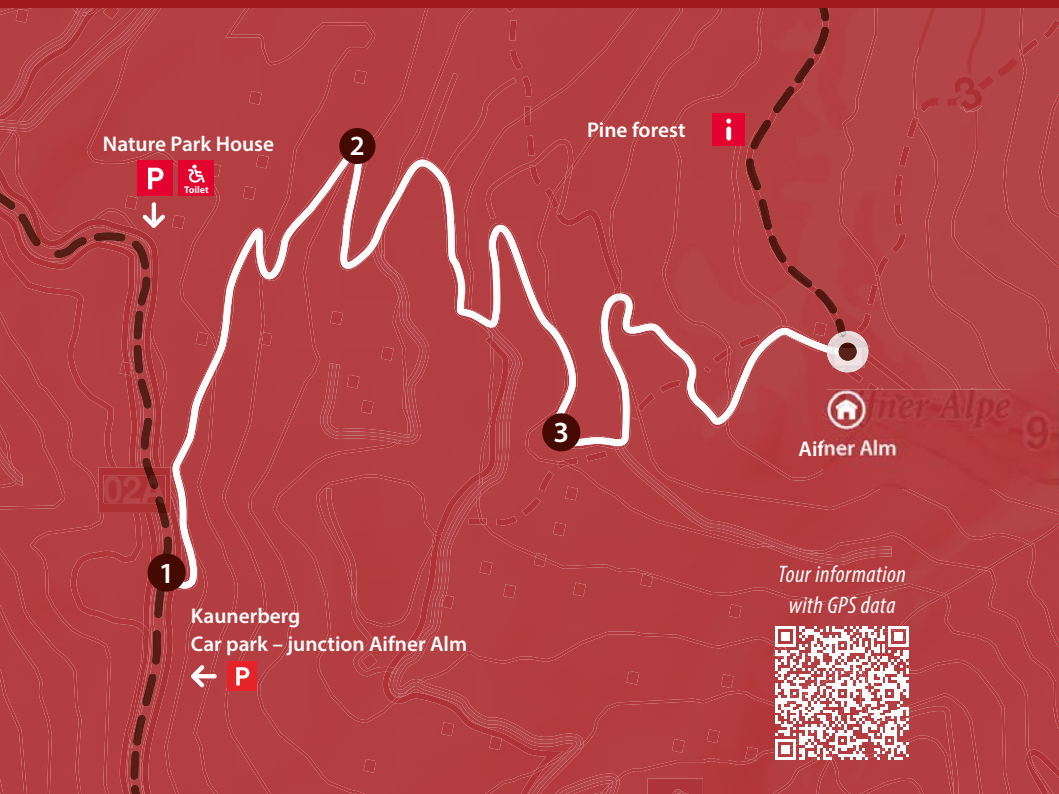
© TUG Tiroler Oberland | Severin Wegener



■ Parking:
St. Martin's Chapel in Falpaus



In summer, the Schnadiger Weiher pond invites you to cool off with a refreshing dip.



Starting point

Car park on Kaunerberger road / junction with Aifneralm Hut

⌚ 2.5 hours

End point

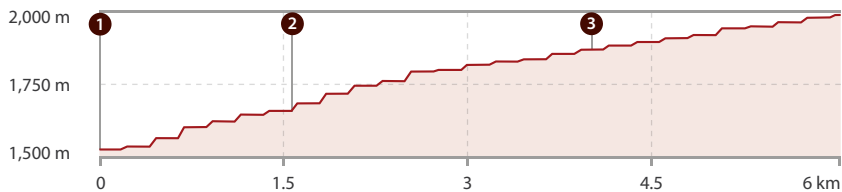
Aifner Alm Hut

↗ 460 m

Road conditions

Gravel

➔ 6 km



● DIFFICULTY: MEDIUM

AIFNER ALM

1,980 m

Cosy alpine hut surrounded by flat pastures, mountain forests and panoramic views.



The starting point is the turnoff toward the Aifner Alm Hut at the Kaunerberger Strasse car park. The route begins on a firm gravel path. After about 300 m, a short incline begins, which is manageable. The drainage channels along the route (always stay on the main path) are also easy to cross. Directly before the alpine hut, a very steep and bumpy ascent must be negotiated. After about 6 km and 1.5 hours of travel, you reach the Alm. The panoramic view near the Alm is difficult to access; however, there are worthwhile viewpoints about 300 m before the Alm Hut. The staff at the hut are very helpful and serve simple alpine dishes.



© TIB Tiroler Oberland | Severin Wegener

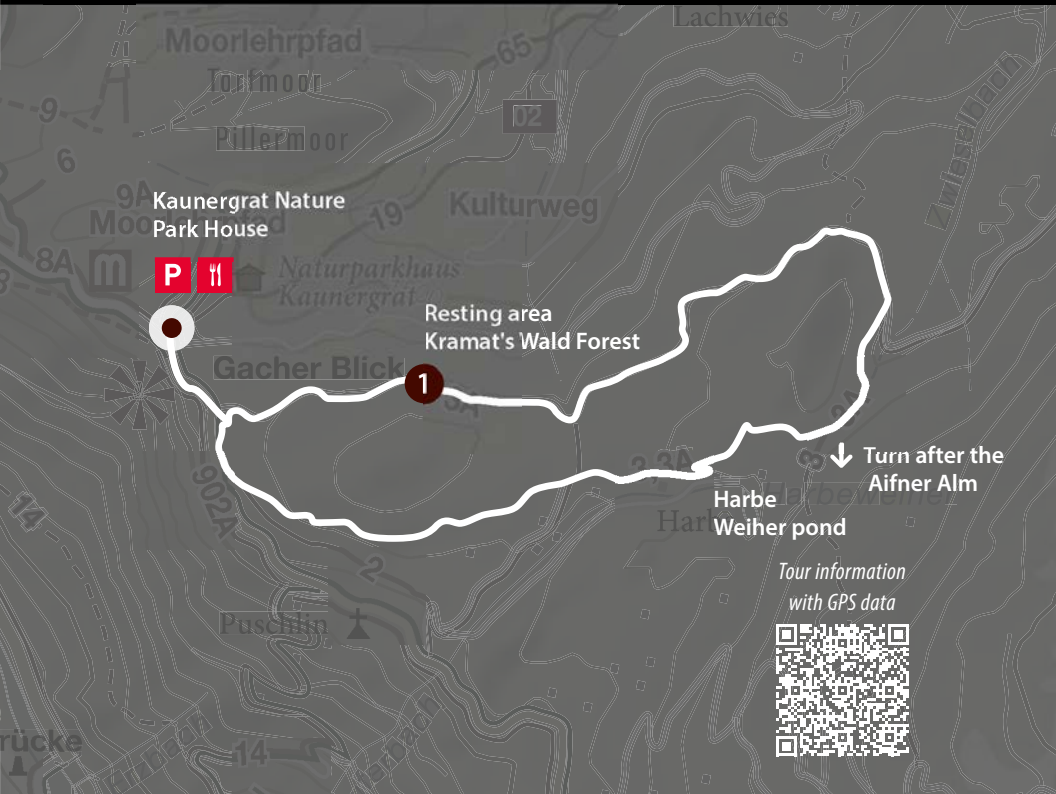
- Parking: Available at the Aifner Alm
- Places to stop for refreshments: Aifner Alm – Almstube (5–7 cm step)
- Toilets: Access to the toilet facilities is limited.



Here you will find current contact information

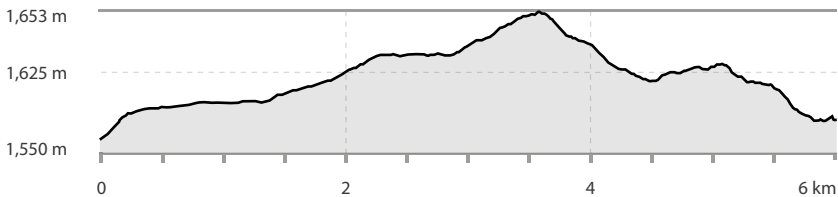


A forest path (length 600 m) branches off directly in front of the alpine pasture. It leads through a picturesque Swiss stone pine forest with a slight incline.



Starting point	Kaunergrat Nature Park House
End point	Kaunergrat Nature Park House
Road conditions	Forest road, gravel, hiking trail

	2 hours
	133 m
	6 km



● DIFFICULTY: DIFFICULT

KLEINE HARBE LOOP HIKE

1,1653 m

Popular hike through forests and picturesque cultural landscape with beautiful views.



The optimal starting point is the Kaunergrat Nature Park House. From the forest car park, the hike can be started in either direction — it is recommended to begin by turning left, in order to better enjoy the views later on. The marked trail passes through spruce forest with small, ecologically significant peat bogs. At the “Kramats Wald” resting area, you can enjoy the forest in peace. After a short climb, you reach a fork in the trail, where the turnoff to the Aifner Alm leads away. About half of the loop is now completed. Continuing straight ahead, the path leads into the Harbe meadows, a traditionally maintained cultural landscape with a diverse array of flora and the valuable sedimentation zone around the Harbe pond.

© TIB Tiroler Oberland | Severin Wegener



- Parking:
Kaunergrat Nature Park House
- Toilets:
at the Kaunergrat Nature Park House
- Places to stop for refreshments:
Gachenblick Restaurant in the
Kaunergrat Nature Park House

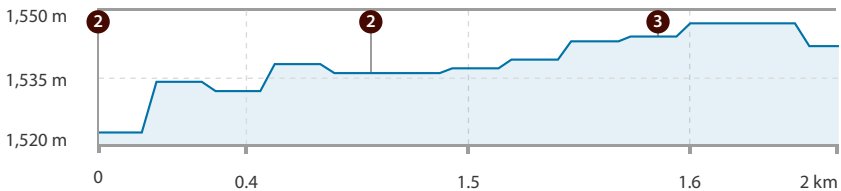


*Suitable for prams and wheelchairs,
but some sections are a bit steeper.*



Starting point	Piller Moor car park
End point	Loop hike
Road conditions	Gravel path, wooden walkways

 30 min
 2 km



● DIFFICULTY: EASY

PILLER MOOR

1,548 m

This high moor is one of the most beautiful and impressive moorland landscapes in Tyrol – a fascinating natural gem.

The starting point for this delightful hike is the barrier-free car park at the entrance to the Piller Moor (info point). Drive about 400 m from the Nature Park House toward Piller. From the car park, follow a gravel path with a maximum incline of 6% for about 500 m to reach the Torfhüttenplatz. Here the path splits: if you go left, a boardwalk leads to the Piller Moor natural monument and the Moorturm tower. To the right, a path passes a winter feeding station and leads to a boardwalk that reaches the peat extraction area. After about 200 m, you reach a platform offering a remarkable view over the “Putzenmoos.” Peat was still being extracted here until the early 1970s. The barrier-free boardwalk continues along

the moor for about 300 m, at which point visitors with mobility impairments must turn back. Return to the starting point along the same route.

- **Parking:**
Piller Moor car park (accessible car park)
- **Toilets:**
Wheelchair-barrier-free toilet in the Kaunergrat Nature Park House
- **Places to stop for refreshments:**
Gachenblick Restaurant in the Kaunergrat Nature Park House



Swiss-Trac and wheelchair rental at the Nature Park House.

© TUG Tiroler Oberland | dieWest





Starting point

Car park at Gogles Alm bus stop | Fließ

End point

Car park at Gogles Alm bus stop | Fließ

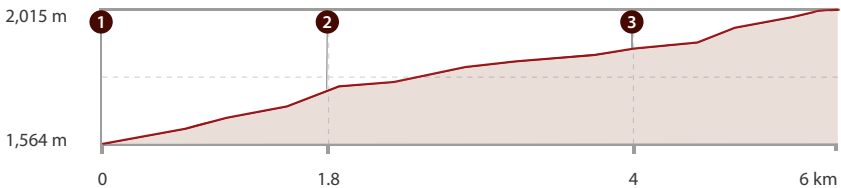
Road conditions

Forest road, gravel, hiking trail

⌚ 1.5 hours

↗ 506 m

➔ 5.2 km



● DIFFICULTY: MEDIUM

GOGLES ALM

2,017 m

Lovely walk on a solid gravel path with a stop at the Gogles Alm.



The starting point is a barrier-free car park just above the turnoff to the Gogles Alm Hut. From here, a firm gravel path leads uphill, but caution is required when crossing the roughly 15 cm wide transverse grooves. The forest road has short sections with inclines of up to 20%, and the surface is partly coarse and rocky—an accompanying person is therefore recommended. Afterwards, the path continues on a gently rising, well-maintained trail, before another steeper section with coarse gravel appears about one kilometre before the Alm hut. After 6 km or approximately 1.5 hours of walking, the Gogles Alm is reached. Thanks to a flat ramp, access to the cosy hut parlour is barrier-free, where the friendly team serves regional specialties.

© TUG Tiroler Oberland | Severin Wegener



- **Parking:**
Approximately 200 m above the turn-off to Gogles Alm
- **Toilets:**
Disabled toilet available
- **Places to stop for refreshments:**
Gogles Alm Hut



Here you will find current contact information



Tip: Swiss-Trac and wheelchair rental at the Nature Park House.



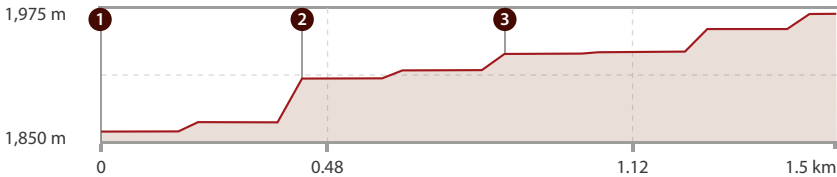
Tour information with GPS data



Starting point	Sattelboden Mountain Station
End point	Fendler Alm Hut
Road conditions	Gravel

Sattelboden Mountain Station
 Fendler Alm Hut
 Gravel

	45 min
	109 m
	1.54 km



● DIFFICULTY: MEDIUM

ANIMAL NATURE TRAIL TO THE FENDLER ALM 1,970 m

The animal nature trail in Fendels connects the Sattelklause with the Fendler Alm. Informative display boards provide fascinating facts about cows, deer, forest ants and many other native animals.

From the car park of the Fendels cable car, the Sattelbodenbahn chairlift takes you comfortably up to the Sattelklause at 1,870 m, where the first attractions for children await. From there, the nature trail leads to the Fendler Alm with numerous stations. The trail starts at the forest playground, follows the forest path to the right and is also easily accessible with an all-terrain pram – ideal for families with small children. Seating areas invite you to relax and enjoy yourself while on the move. Finally, at an altitude of 1,970 m, the Fendler Alm beckons with regional fare – and even its own small playground.

© TiB Tiroler Oberland | Severin Wegener



- **Parking:**
Fendels cable cars
- **Toilets:**
No barrier-free toilets at the Alm,
Wheelchair-barrier-free toilet at the valley station
of the 4-seater chairlift
- **Places to stop for refreshments:**
Sattelklause Restaurant, Fendler Alm



*Here you will find
current contact
information*



*We recommend the fun ride down
from Sattelklause to Fendels on
mountain carts.*





FREEDOM ON 3 WHEELS

Handcycling in Kaunertal

It is a fascinating sport for inclusion and fitness: powered by the arms instead of the legs, handbiking gives people with mobility impairments the opportunity to be active and explore the mountains independently. With its excellent infrastructure, the Kaunertal has established itself as a hotspot for handbikers. Particularly popular are rides on the Kaunertal Glacier Road: 26 km of panoramic enjoyment, past waterfalls, rock faces, and all the way up to the eternal ice.

Tip: In addition to the Kaunertal Glacier Road, there are other attractive tours in the surrounding area, such as the loop around the picturesque Lake Reschen (approx. 15 km).



© TVB Tirolet Oberland / Annelena Walch

Handbike Battle

Every year, a very special sporting challenge takes place in the Kaunertal Valley: the Handbike Battle. Athletes tackle the Kaunertal Glacier Road climb using pure arm strength.



© T108 Tiroler Oberland | Severin Wegener

After the starting signal at the toll station, a long caravan of handcyclists and their companions makes its way through the breathtaking mountain landscape, past the reservoir and up toward the finish. Along the route, they encounter freely roaming cows, an enthusiastic crowd, and refreshment stations—but above all, they encounter themselves: peak physical and mental performance is required to conquer the 20-kilometre course with an elevation difference of nearly 1,000 m. Upon reaching the top, all participants receive a festive welcome—true to the mission: to show that anything is possible and that dreams can come true.



© T108 Tiroler Oberland | Amalena Walch

In addition to teams such as those from Dutch rehabilitation centres, individual participants also compete in the race.

● DIFFICULTY: MEDIUM

GEPATSCHHAUS

1,928 m

An idyllic stop just off the Kauner-
tal Glacier Panoramic Road.

The Gepatschhaus is the oldest German Alpine Club Hut in Austria and, after extensive renovation, shines in new splendor without losing its rustic charm. The access road up to the chapel can be used by wheelchair users upon request. The terrace and the annex building are located at ground level and are fully accessible for wheelchair users. A wheelchair-accessible toilet is available in the annex.

The peaceful setting and sunny terrace, with views of the Fernergarten and the Gepatsch Glacier, invite visitors to linger. Traditional Tyrolean dishes are served here, with the Kaiserschmarrn shredded pancake being especially popular.

© TUG Tiroler Oberland / Amalena Wäldh



- **Parking:**
directly at the Gepatschhaus
- **Toilets:**
Disabled toilet available
- **Places to stop for refreshments:**
Gepatschhaus (dining room and toilet are wheelchair accessible)



*Here you will find
current contact
information*



*Idyllic place to stop for refreshments
while hand biking on the Kauner-
tal Glacier Panorama Road.*

● DIFFICULTY: EASY

CYCLE ROUTE RIED – PFUNDS

approx. 16 km

Relaxed cycle tour
along the Inn Cycle Path in
the Tyrolean Oberland.

The starting point is the car park at Rieder Badesee. The route begins on the cycle path and leads through the centre of Ried along the old road (part of the Inn Valley Cycle Path towards Pfunds and Switzerland). After approximately 11 km, you will need to cross the country road. The last section before Pfunds leads picturesquely along lush meadows and fields. After approximately 15.5 km, you will reach the centre of Pfunds, where you can stop for refreshments as a reward. The tour mainly follows quiet asphalt roads. It is best to follow the signs for the Inn Cycle Path. Thanks to the small difference in altitude between Ried (876 m) and Pfunds (970 m), the tour is also suitable for occasional cyclists.



© TUG Tiroler Oberland | Kurt Kirschner

- Places to stop for refreshments:
Hotel Traube, pizzeria at the Posthotel in Pfunds
- Toilets:
The restaurants mentioned have wheelchair-barrier-free toilets. One such facility can be found at the Rieder bathing lake.



Variation: from the Mariastein car park (directly at the Inn bridge) to Pfunds (approx. 5 km) – also suitable as a hiking route (with an accompanying person!)

● DIFFICULTY: EASY

INN VALLEY CYCLE PATH ZAMS TO GURGLTAL

22 km

Scenic and culturally interesting tour in the Inn Valley and Gurgl Valley.

The starting point is the hospital car park in Zams. The section from Zams to Schönwies and through the Milser Au to the Alpenrast Tyrol service area in Mils is mostly flat to slightly downhill and is therefore also ideal for handcycle tours. From the service area, the route continues for about 5 km along the Inn Valley Cycle Path before turning off toward the Imst–Gurgltal valley. About 200 m after the turnoff, a clearly visible state road must be crossed; after another 600 m, the next road crossing follows in the Imst-Brennbichl district. The route then passes through an underpass, runs along a commercial area, and crosses the Pigerbach stream bridge onto a particularly scenic cycle path. Around



© TiB Tirol West

1.5 km before the destination, the route changes to a well-surfaced gravel path. The destination is the Knappenwelt open-air museum below Tarrenz.

- **Parking:**
Zams Hospital, Alpenrast Tyrol
- **Places to stop for refreshments:**
in the towns along the route
- **Toilets:** in the refreshment areas;
in the Museum of the Miners' World in Tarrenz



At the open-air mining museum you can experience how miners once worked and lived in the Gurgltal Valley.

● DIFFICULTY: EASY

CYCLE ROUTE MALS – MERANO

approx. 60 km

Varied cycle path along
South Tyrol's longest river.

The Adige Cycle Route along the historic Via Claudia Augusta is one of South Tyrol's most fascinating cycling routes, running from the Reschen Pass to Merano. The section from Mals to Merano in particular is a highlight for road cyclists, e-bikers, and families looking to explore the Vinschgau Valley in an active way. The route is varied, mostly flat or gently downhill, and largely paved, making it well suited even for leisure cyclists with moderate stamina. Along the way, there are many worthwhile stops: the medieval town of Glurns invites you to stroll and explore, while Laas is renowned for its marble and apricots. The route winds through orchards, past castles and fortresses, through gorges and nature reserves—offering scenic enjoyment along its entire length.



© Shutterstock

- Getting here:
By car to Mals, return journey possible by train from various stations.
- Bicycle rental:
in Mals; convenient return journey from Merano by train
- Places to stop for refreshments:
in the towns along the route



Thanks to the province-wide 'One-Way' rental system in South Tyrol, bicycles can be picked up at one train station and returned at your destination.



The return journey by train is possible from various stations.





© TWB Tiroler Oberland | Roman Huber

EXPERIENCE SNOW & ICE

Active throughout the winter

Snow-covered landscapes, sporting experiences and cosy, warm places to stop for refreshments: The Kaunertal Valley presents the Tyrolean mountain winter at its very best. For skiing fun, visitors can head to the family-friendly Fendels ski resort or to the Kaunertal Glacier, which features barrier-free cable cars. Throughout the entire valley, accessible cross-country ski trails, winter walking paths, and excursion destinations allow for carefree outdoor activity—for guests with physical impairments as well as for families and anyone who appreciates a gentle, relaxed winter experience.

*“High mountains. Great moments.”
A promise that the Kaunertal winter
more than fulfils.*

The Kaunertal Glacier offers Jelena Jehle perfect conditions for training.



INTERVIEW WITH JELENA JEHLE

"Skiing gives me a feeling of freedom."

Following an accident in 2021, young Tyrolean Jelena Jehle now uses a wheelchair to get around. No reason to give up your beloved hobby: As a para-ski athlete competing in slalom and giant slalom, she currently takes part in FIS races and dreams of one day competing in the Paralympics. Her sporting journey began on the Kaunertal Glacier...

Did you know? Para Alpine Skiing is a sport for athletes with physical disabilities, including amputations, paralysis or visual impairments.



© TVB Tiroler Oberland | Roman Huber

Jelena, how did you get into monoskiing?

A therapist first brought this to my attention during rehabilitation. A year after my accident, the time had come: I completed my first mono-ski course—organised by the Snowclan association and, of course, held on the Kaunertal Glacier.

How did it feel to be back on the slopes?

Learning to ski on a monoski is much harder than you might think! Depending on your physical condition, you may

struggle with your balance at first. But after my first few attempts, I started to enjoy myself – and by the end of my first winter, I had actually spent 100 days skiing on the slopes. That feeling of freedom when you glide back down is simply indescribable.

What are the most important requirements for accessible skiing?

Just like on the Kaunertal Glacier, it's perfect: All slopes and lifts are adapted, the staff are attentive, and you immediately notice that the area specialises in acces-



© TVB Tiroler Oberland | Roman Huber

sibility. The short distances also make things much easier—I can transfer effortlessly from the car to the lift and back again, always keeping my wheelchair within easy reach.

Which slopes do you prefer to ski on?

The red ski run from Falginjoch – it is pleasantly wide, sunny and easy to ski! But basically, I like all the slopes here. The excellent snow conditions are a huge plus point: Natural snow, such as that found

on the Kaunertal Glacier, is much more pleasant for monoskiers than hard artificial snow.

Do you prepare for your races here as well?

Yes, absolutely. I train intensively on the Kaunertal Glacier, especially in autumn and spring, whether with the Snowclan club, my project group or the Austrian Ski Association. Everything about this place is just right, from the infrastructure to the atmosphere.

Everything at the Kaunertal Glacier is wonderfully straightforward. That's why, in our training groups, we can focus entirely on the sport.

Jelena Jehle, Monoski athlete



© TMB Tiroler Oberland / dleWest (2)

**What are your next goals –
in terms of sports and personally?**

My paraplegia has taught me to enjoy the moment. Monoskiing allows me to combine my passion for sport with my love of nature. This gives me a lot of joy and motivation to pursue big goals, such as participating in the Paralympic Games or taking over my parents' farm.





WINTER SPORTS FOR EVERYONE

Skiing on the Glacier

Hidden in the upper Kaunertal Valley is one of Austria's most beautiful ski resorts: the Kaunertal Glacier, set amidst a mountain landscape with over thirty peaks above 3,000 m. There are no long queues or crowded slopes here. Instead, 55 well-maintained km of runs, mostly covered with natural snow, invite relaxed skiing, snowboarding, and mono-skiing. Gentle, light-blue slopes offer risk-free skiing fun. Another advantage is the convenient access via the Glacier Panorama Road directly into the ski resort—with parking for mono-skiers and guests with disabilities right by the slopes.

BARRIER-FREE SKIING ALL DAY LONG

The Kaunertal Glacier is a certified mono-ski resort, recognised by the state of Tyrol, with decades of experience in mono-ski courses. All lifts are accessible at ground level, and both the valley and mountain stations feature innovative access with special flooring for mono-skiers. Trained staff are available to assist whenever needed.

MONOSKIING

To ensure that people with disabilities can fully enjoy their skiing experience, the “Top Ski School Kaunertal” provides companions for mono-skiers.

Please register by email at:
info@topschischule.com or by
telephone on: +43 5472 94 100

WEISSSEE RESTAURANT

Delicious specialties, Tyrolean warmth, and a wonderful mountain view: a stop at the Weißsee Glacier Restaurant is a must when (mono-)skiing at the Kaunertal Glacier. Conveniently accessible via the Ochsenalmbahn, it offers a spacious free-flow area, wheelchair-accessible toilets, and friendly staff.



© T106 Tiroler Oberland | Dominic Kömmer (2)



© T106 Tiroler Oberland | Roman Huber

- **Monoski rental:**
Alois Praschberger company:
praschberger.com/wintersport/



© Tiroler Oberland | Roman Huber (2)

TWILIGHT WITH THE PISTEN-BULLY (SNOWCAT) EXPRESS

When the ski operations at the Kaunertal Glacier end, guests return to the valley, and a deep calm settles over the mountains, the special atmosphere of the blue hour begins. On the PistenBully Express of the Kaunertal Glacier Cable Cars, guests with limited mobility can reach the most beautiful viewpoints in the ski resort to fully admire the colourful play of twilight.



© Kaunertaler Gletscherbahnen

Information & Contact:

Separate access road to the Glacier car park (car toll included in the price);
Duration of the glacier taxi ride:
approx. 1.5 hours; with guide, including break and small memento



© Kaunertaler Gletscherbahn

Kaunertal Glacier Ropeways:
+43 5475 55 66 or
Email: kaunertal@tyrologletscher.com

Important: warm clothing and sturdy footwear;
Maximum group size: 3 persons in wheelchairs
and 4 accompanying persons



© Tiroler Oberland | Roman Huber

IDEAL FOR FAMILIES

Relaxed skiing in Fendels

The compact Fendels ski resort sits on a sunny high plateau at the entrance to the valley and stands out for its family-friendly atmosphere. The lifts start directly in the village of Fendels, and from Ried in the Upper Inn Valley, a cable car brings guests up directly into the ski resort. About 15 snow-sevure km of slopes cater to both beginners and experienced skiers, while a natural toboggan run and scenic winter walking trails make Fendels an ideal spot for varied days in the snow. For the little ones, there is a lovingly designed children's area with a magic carpet, platter lift, and fun courses. The ski school and child-care services ensure they are well looked after.

2 ski resorts – 1 ski pass: With the combined ski pass for the Kaunertal Glacier and Fendels, you can look forward to twice the fun on the slopes in the Kaunertal Valley.



© Tiroler Oberland Jüdel/TVB

GLIDING THROUGH THE VALLEY

Cross-country skiing

The Kaunertal Nature Park & Glacier Region has officially been recognised as a “Tyrolean Cross-Country Skiing Specialist”—and you can feel it on every loop. Several trails in the valley are fully accessible and carry the quality seal. Guests use specially designed cross-country sleds: a comfortable seat on two narrow skis, propelled by arm power, offering a pure gliding experience. Those without their own equipment can rent it on site and try it out on the easier loops.

READY FOR CROSS-COUNTRY SKIING FUN

At the rental stations, the sledge can be adjusted to each guest's individual needs, and a brief introduction to its use is provided. Then you're ready to go—either on your own or accompanied by family and friends. If desired, a guide can also be arranged to ensure a safe start.



© Tiroler Oberland | dieWest

Cross-country sled rental:

- Renate House:
Vergötschen 48, 6524 Kaunertal,
Tel.: +43 5475 275,
www.hausrenate.com
- Hotel Weisseespitze****:
Platz 30, 6524 Kaunertal
Tel.: +43 5475 316
www.weisseespitze.com



© Tiroler Oberland | dieWest

*Individually adjustable cross-country sleds
guarantee maximum riding comfort and
smooth cross-country skiing enjoyment.
Available for rent complete with poles.*



● DIFFICULTY: EASY

LOCH LOOP CROSS-COUNTRY SKI TRAIL ▶

There's always time for a quick round on the Loch Loop. The accessible, easy trail is ideal for mentally switching off while cross-country skiing or using a cross-country sled.

The beginner's loop in Platz is similar to the Kaser Loop (5): after a short steep section at the beginning, it continues in an idyllic and pleasantly flat manner across the first meadows of the Kaunerthal Valley. This makes the loop perfectly

suited for beginners as well as people with limited mobility. The trail access point is located in Platz at the information hut.

▀ Elevation gain: 3

▀ Guaranteed snowy conditions thanks to the high altitude of the Kaunerthal Valley



● DIFFICULTY: EASY

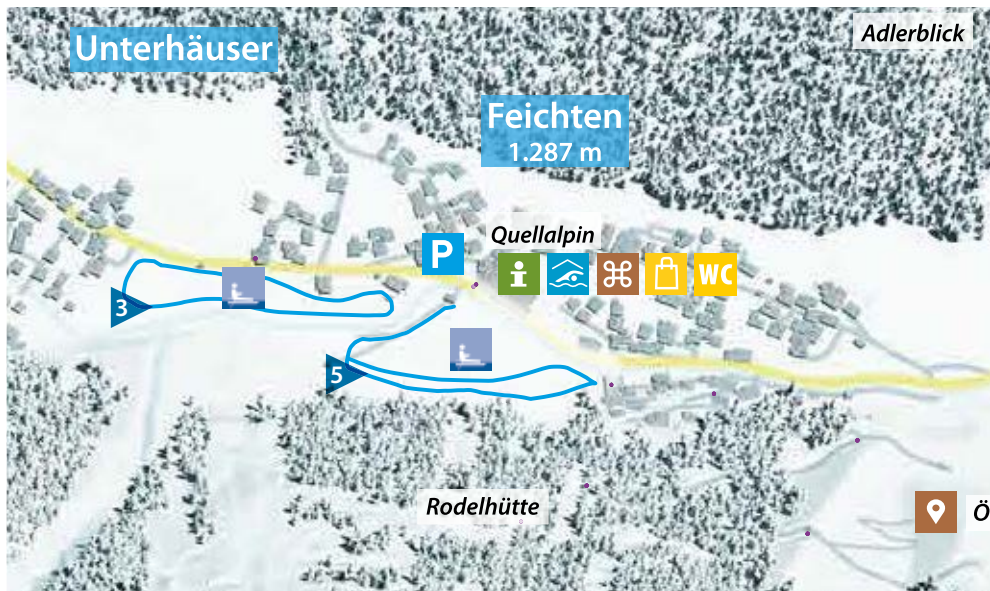
FELD LOOP CROSS-COUNTRY SKI TRAIL ▶

Stress-free cross-country skiing on sleds and skis: not only beginners, but also true connoisseurs appreciate the Feld Loop in the Kaunertal Valley.

Suitable for sled cross-country skiing and for skiing with children, the trail starts in the Vergötschen district behind the Hotel Gsallbach. It can be used as the final section before the outer end of the Kaunertal Loop, which connects almost all cross-country trails in the valley (with

the exception of the Winkel and Grasse loops). With its short, relaxed character and beautiful mountain scenery, it is a highlight for every cross-country skiing enthusiast.

- Elevation gain: 3
- Guaranteed snowy conditions thanks to the high altitude of the Kaunertal Valley



● DIFFICULTY: EASY

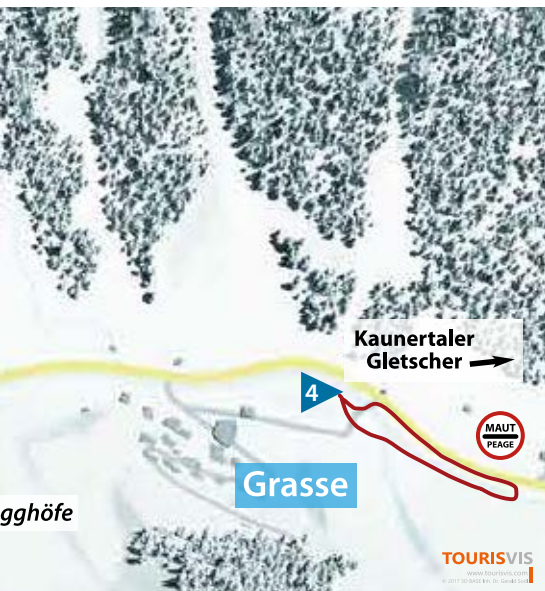
I ANGER CIRCUIT CROSS-COUNTRY SKI TRAIL ▶ 3

Beautifully set into the valley floor, this cross-country loop runs across the Feichten meadows and is ideal for first attempts at (sled) cross-country skiing.

A small hill at the beginning is the most challenging part of the route, which is suitable for both beginners and more experienced skiers.

Looking for more of a challenge? About halfway along the Anger Loop, there is a turnoff to the more demanding Winkel Loop, which requires crossing the main road. The Anger Loop is also barrier-free and accessible for sled cross-country skiing for people with limited mobility.

- ▀ Elevation gain: 5
- ▀ Guaranteed snowy conditions thanks to the high altitude of the Kaunertal Valley



● DIFFICULTY: EASY

KAISER LOOP CROSS-COUNTRY SKI TRAIL

5 ▶

On the small but delightful Kaser Loop, you can work on your technique while enjoying the surrounding landscape.

With hardly any elevation gain, it's the perfect introduction—and therefore also ideal for technique training or a warm-up session. Whether children or the young at heart, the Kaser Loop is truly suitable for everyone. The access point is located directly above the bridge near Quellalpin. The trail is also barrier-free and accessible for people with limited mobility.

- ▀ Elevation gain: 10
- ▀ Guaranteed snowy conditions thanks to the high altitude of the Kaunertal Valley

● DIFFICULTY: MEDIUM

GRASSE LOOP CROSS- COUNTRY TRAIL

4 ▶

A peaceful and scenic route with its first challenges.

The leisurely Grasse circuit starts in the district of Grasse, right next to the sports field (parking available). The easily manageable and sunny route invites you to enjoy a relaxed cross-country skiing tour in the midst of the Kaunertal winter landscape.

- ▀ Elevation gain: 64 m
- ▀ Guaranteed snowy conditions thanks to the high altitude of the Kaunertal Valley



© TVB Tiroler Oberland | dieWest

Winter hiking

Hiking along cleared paths through snow-covered villages and landscapes gives you fresh energy and new perspectives.



© TVB Tiroler Oberland | doeWest

Slowing down, finding peace, and recharging your energy—breathing in the clear mountain air and enjoying the moment: that’s winter hiking in the Kauneratal Valley. Especially in the Kaunergrat Nature Park and on the Fendels winter mountain, many of the beautiful winter hiking trails are also barrier-free. One example is the 5.6-kilometre Harbe winter hiking trail. Running parallel to the cross-country ski trails and surrounded by forests and snow-covered meadows, carefully cleared paths open up views of the natural beauty of the landscape. Idyllic rest areas along the way invite you to pause and unwind.



© TVB Tiroler Oberland | doeWest

Practical tips:

- *Dress in layers following the onion principle to ensure optimal warmth and ventilation. Be sure to use lights and reflectors at dusk.*
- *Keep an eye on battery levels, as battery performance decreases more quickly in cold weather.*
- *Wheelchairs should be suitable for winter conditions and well maintained.*
- *Prams with large, sturdy wheels make it easier to get around on winter surfaces.*



© TUG Tiroler Oberland | Severin Wegener

KALTENBRUNN PILGRIMAGE CHURCH

Even in winter, the church, visible from afar, is an enchanting and contemplative destination for an excursion.

The pilgrimage church of Kaltenbrunn in the Nufels district is one of Tyrol's most famous churches—and it is also accessible in winter. The starting point is the car park near the information hut in Platz. From there, an easy path leads to Nufels and then directly to the church.

■ Duration: 45 minutes
Length: 1.5 km
Ascent: 35 m |
Highest point: 1,263 m

■ Car park: Information hut in Platz

■ Toilets:
The toilets are freely accessible during the opening hours of the Kaltenbrunn Inn.



Tip: The hike can be easily combined with a visit to Toni Wille's piano museum.



© TWB Tiroler Oberland | JolieWest

WINTER VALLEY HIKE

The valley hiking trail is a magnificent high-altitude trail above the villages of Grasse, Feichten, Unterhäuser, Vergötschen and Platz.

Time and again, the view opens up to the small hamlets and the lively winter cross-country skiing in the valley. The fully cleared path is also suitable for wheelchair users. If you like, you can walk the entire loop or divide it into relaxed stages—for example from Feichten to Unterhäuser, from Unterhäuser to Vergötschen, or from Vergötschen to Platz.

- Duration: up to two hours
- Starting points: from all the hamlets mentioned
- Toilets:
Quellalpin, community centre



Tip: With the X8 e-mountain wheelchair, the Miner's View is also accessible; depending on the width of the snow-cleared access paths, the Eagle's View can be reached as well.



The "Pulse Voronoi" chamber of wonders
at Swarovski Crystal Worlds



© Naturparkregion Reutte | Andreas Söhreleck

DIVERSITY WITHOUT LIMITS

Regional Excursion Destinations & Activities

As beautiful as the Kaunertal Valley is, it's definitely worth exploring excursion destinations located nearby. Tyrol and South Tyrol offer a wealth of barrier-free excursion destinations: from charming towns and historic sites to cosy alpine pastures and breathtaking panoramas. A longer stay in the Kaunertal invites you to enrich your holiday with day trips. Our selection highlights places that are easily accessible for families with prams, older visitors, wheelchair users, and guests with limited mobility.

*Broaden your horizons and discover
the rich culture of the Alpine region.*



© Innsbruck Tourismus / Markus Mair

INNSBRUCK THE HEART OF TYROL

Alpine panoramas meet urban flair: the Tyrolean state capital of Innsbruck is always worth a visit. Even with a wheelchair, pram, or limited mobility, the highlights of this Alpine city can be explored—from the Golden Roof to the cathedral and Hofburg palace, all the way to the Bergisel ski jump.

- Accessible public transport
- Easily accessible sights
- Wheelchair-friendly city tour
- Further information: www.innsbruck.info



© Swarovski Kristallwelten

SWAROVSKI CRYSTAL WORLDS A PLACE OF IMAGINATION

Sparkling cabinets of wonders full of creativity, design, and art: the Swarovski Crystal Worlds are among Tyrol's most popular attractions. Both the indoor exhibitions and the enchanting garden are fully barrier-free. Let yourself be surprised, inspired, and captivated by crystal in all its facets!

- Wheelchairs for rental
- Disabled parking spaces near the foyer
- Wheelchair-friendly shuttle bus from Innsbruck
- Further information: kristallwelten.com/swarovski



© TVB Tiroler Oberland | Daniel Zangerl

RESCHENSEE LAKE WITH MOUNTAIN HUT FUN

The sunken church tower is now the symbol of the Vinschgau Valley. Along the flat lakeside promenade, wheelchair users and families with prams also enjoy a great view of this landmark.

MELAGER ALM & RESCHER ALM

Both the idyllic trail in the Langtaufers Valley to the Melager Alm and the route from Reschen to the scenic Rescher Alm are well-maintained, gently sloping, and manageable with a pram or Swiss-Trac.

- Wheelchair-barrier-free toilets at Lake Reschen
- Car park by the church tower
- Further information: www.suedtyrol.info



© IDM Südtirol-Alto Adige/Alex Moling

GLURNS THE JEWEL OF THE VINSCHGAU VALLEY

South Tyrol's smallest town enchants with its charming atmosphere. The town wall, with its three distinctive gate towers, forms the only fully preserved enclosed fortification in the Alps. Despite its medieval layout, the picturesque town centre is easily accessible for visitors with limited mobility.

- Further information: www.vinschgau.net



© IDM Südtirol-Alto Adige/Manuel Ferrigato

MERAN THE PEARL OF SOUTH TYROL

Palms, promenades, and magnificent villas: the charming spa town of Merano combines culture, cuisine, and joie de vivre. Many highlights, such as the Tappeiner Promenade, the gardens of Trauttmansdorff Castle, and the thermal baths, are fully accessible. Even the famous arcades—with their smooth surfaces—are easy to navigate.

➤ Further information: www.suedtyrol.info



© Burgenwelt Ehrenberg

HIGHLINE179 IN REUTTE

Pure excitement: The highline179, one of the longest pedestrian suspension bridges in the world, soars 114 m above the valley. From it, visitors enjoy a fantastic view of the Ehrenberg castle complex and the surrounding mountains. Open year-round, it is barrier-free via an inclined elevator and fully wheelchair accessible!

➤ Separate entrance for wheelchair users

➤ Bridge width: 1.2 m

➤ Europe's first wheelchair-accessible zip line

➤ Further information: www.highline179.tyrol

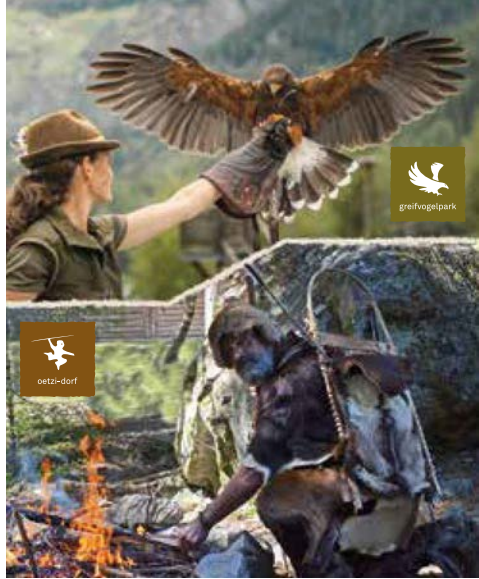


© TVB Paznaun-Ischgl

ALPINARIUM GALTÜR INTERACTIVE MUSEUM

Impressively set in the high alpine landscape, the Alpinarium Galtür is much more than a museum: the striking 345-metre-long, 19-metre-high protective wall tells the story of the village's avalanche history and at the same time forms the framework for a modern information and documentation centre with fascinating exhibitions.

- Wide ramp from the car park
- Stepless exhibition; wheelchair accessible
Lift and WC are also available.
- Wheelchairs available for rental on site
- Further information: www.alpinarium.at



© Ötztal Tourismus & Ötzi-Dorf Umhausen

ÖTZIDORF UMHAU- SEN & BIRD OF PREY PARK

How did people live in the Neolithic era? In the Ötzi Village archaeological open-air park, authentically reconstructed huts, tools, weapons, and historical farm animals illustrate everyday life back then. The combined ticket also includes a spectacular flight demonstration at the neighbouring bird of prey park, including aviaries and an educational trail.

- Disabled parking spaces on site
- Entire area is barrier-free accessible
- Automatic sliding doors
- Further information:
www.oetzi-dorf.at
www.greifvogelpark.at

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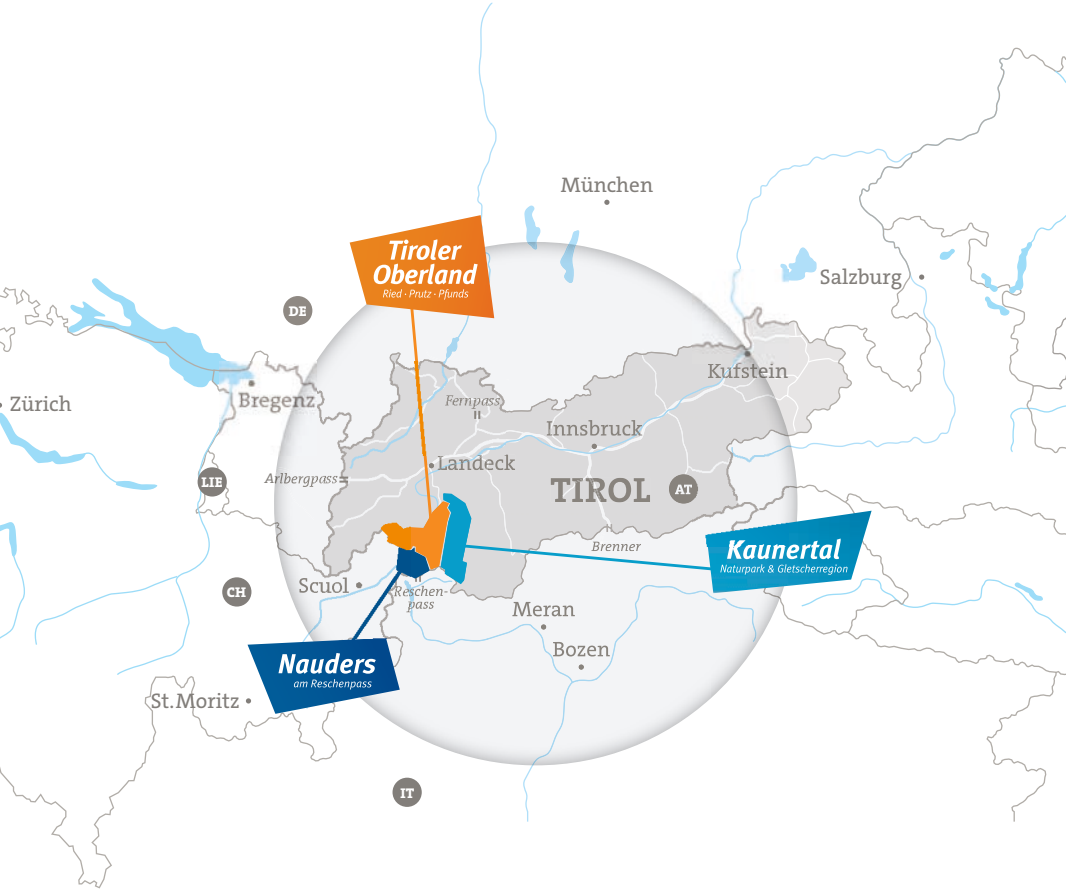
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